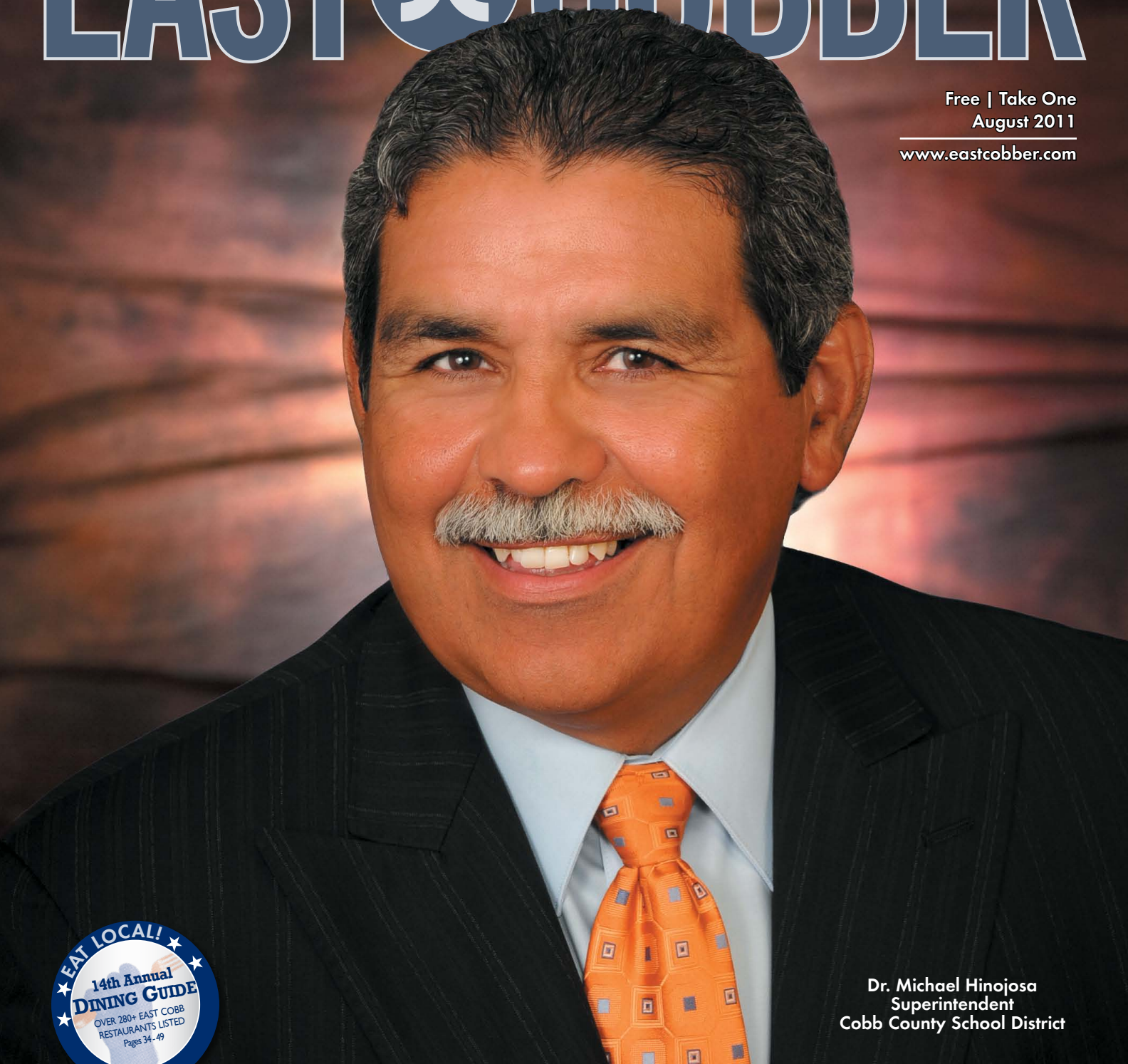


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Dr. Michael Hinojosa  
Superintendent  
Cobb County School District

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**Homeschooling Receives High Marks** PAGE 18 | **Larry Nelson Receives PGA Award** PAGE 29

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MISS!  
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## 14th Annual Dining Guide

Here's a handy chart  
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to help you discover  
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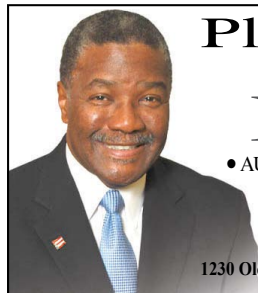
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## PUBLISHER'S NOTE

On August 15, approximately 36,000+ East Cobb children will head back to school. Education is a top priority, a shared value, in East Cobb County. It is our community's strength. The reputation of our public schools' top test scores and quality learning environments draws people to East Cobb. On pages 12 to 15, we pulled together those education stats, school by (East Cobb) school- which provides evidence for East Cobb's great reputation for its schools. While the test scores offer a quick take that helps parents and teachers measure a school's success, it is important to note that beyond the rankings, each school needs to be assessed for other qualities, such as: strong school leadership, parental and community support, creating an environment where students can learn and grow, access to up-to-date textbooks and technology. I have three children attending schools in East Cobb: Lee will be a freshman at Walton High School; Nikos will be a seventh-grader at Dickerson Middle School; and, Eleni will be a fifth-grader at Timber Ridge Elementary School--so I take the information presented in our Back to School section personally!



Additionally, our children (and us grownups, too!) need role models to emulate a sense of service and to help them realize their own potential. In this edition of the EAST COBBER, as in previous editions, we feature local role models—residents making our good community great. From famous golfer Larry Nelson (featured on page 31) to the ECCC PTA co-presidents Irene Barton and Beth Russell who wrote this month's PTA column (see page 16), they are just a few examples of the local leaders strengthening our community by setting examples of excellence, commitment, hard work, and philanthropy. It is these acts of good citizenship combined with a quality school system that make East Cobb such a great place to live.

Here's to a successful school year!

*Cynthia*

Cynthia M. Rozzo  
Founder/Publisher  
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P.S. Discover East Cobb's culinary riches by turning to pages 34-49 to peruse our 14<sup>th</sup> annual Dining Guide!

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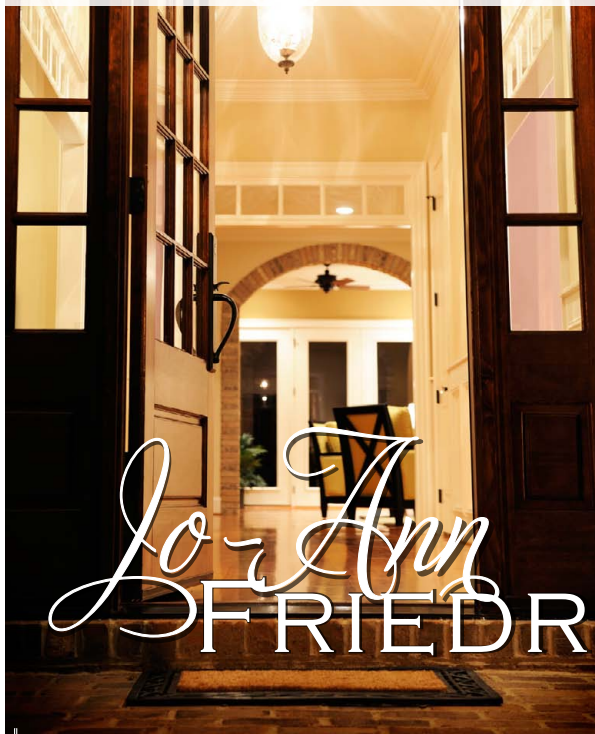
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## Cobb County Board of Education

The Cobb County Board of Education consists of seven elected members, who appoint a superintendent responsible for the administration of the system. Local, state, and federal funds contribute to a \$817 million operating budget. Elected to serve four-year terms, each school board member votes on issues that affect school curriculum and instruction, auxiliary services, personnel and administration. The Board of Education meets twice each month. The first meeting is a work session held the second Wednesday of each month. Work sessions begin at 8:30 a.m. The Board meets again the fourth Thursday of each month to vote on agenda items developed at the work session. The Thursday meetings begin at 7:00 p.m. Each meeting is preceded by a 30-minute public-comment session during which members of the public may address the Board. Sign-up for public comment begins 30 minutes before the public comment session begins.



### **Lynnda Crowder-Eagle • Post 1**

Vice Chairman of the Board

lcrowder-eagle.boardmember@cobbk12.org

Schools represented in Post 1: High Schools: Allatoona, Harrison, Hillgrove, Kennesaw Mountain; Middle Schools: Durham, Lost Mountain, Lovinggood,

McClure, Pine Mountain; Elementary: Bullard, Due West, Ford, Frey, Hayes, Kemp, Lewis, McCall Primary, Pickett's Mill, Still, Vaughan.



### **Tim Stultz • Post 2**

tstultz.boardmember@cobbk12.org

Schools represented in Post 2: High Schools:

Campbell, H.A.V.E.N. Academy; Middle Schools:

Campbell, Floyd, Griffin, Lindley 6th Grade Academy,

Lindley 7&8; Elementary Schools: Argyle, Belmont

Hills, Brown, King Springs, Nickajack, Teasley.



### **David Morgan • Post 3**

dmorgan.boardmember@cobbk12.org

Schools represented in Post 3: High Schools:

McEachern, Pebblebrook, South Cobb; Middle

Schools: Cooper, Garrett; Elementary Schools:

Austell Primary, Austell Intermediate, Bryant

Primary, Bryant Intermediate, Clarkdale, Clay, Compton, Harmony-Leland, Mableton, Powder Springs, Riverside Primary, Riverside Intermediate, Sanders Primary, Sanders Intermediate, Sky View, Varner.



### **Kathleen Angelucci • Post 4**

Chairman of the Board

kangelucci.boardmember@cobbk12.org

Schools represented in Post 4: High Schools: Kell,

North Cobb; Middle Schools: Awtrey, Barber, Daniell,

McCleskey, Palmer; Elementary Schools: Acworth

Intermediate, Baker, Bells Ferry, Big Shanty, Blackwell, Chalker, Keheley, Kennesaw, Nicholson, Pitner.



### **David Banks • Post 5**

dbanks.boardmember@cobbk12.org

Schools represented in Post 5: High Schools:

Lassiter, Pope, Sprayberry; Middle Schools:

Hightower Trail, Mabry, Simpson; Elementary

Schools: Addison, Davis, Garrison Mill, Kincaid,

Mountain View, Murdock; Rocky Mount, Tritt, Shallowford Falls.



### **Scott Sweeney • Post 6**

ssweeney.boardmember@cobbk12.org

Schools represented in Post 6: High Schools: Walton,

Wheeler; Middle Schools: Dickerson, Dodgen, East

Cobb; Elementary Schools: Brumby, East Side,

Eastvalley, Mount Bethel, Powers Ferry, Sedalia Park,

Sope Creek, Timber Ridge.



### **Alison Bartlett • Post 7**

abartlett.boardmember@cobbk12.org

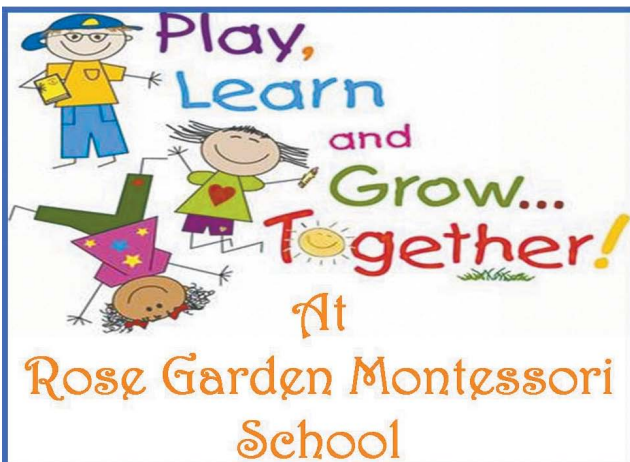
Schools represented in Post 7: High Schools:

Osborne, Oakwood Adult Ed.; Middle Schools:

Smitha, Tapp; Elementary Schools: Birney, Cheatham

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# Cobb Schools Meet 95 Percent of AYP Indicators

Cobb County students overall met more indicators used to measure Adequate Yearly Progress (AYP) in 2011 despite sharp increases in the targets and despite more schools not making AYP. An initial review of data released by the Georgia Department of Education indicates the Cobb County School District met 77 of 81 (95 percent) total indicators for AYP in 2011, an improvement from 2010 when the district met 70 of 78 (90 percent) indicators.

Additionally, 85 percent of all Cobb students met or exceeded standards and 40 percent of students scored at the advanced level in both Math and English Language Arts (ELA). At the high school level, student performance was greater than 90 percent on both Math and ELA assessments. Overall, 81 of 110 (74 percent) schools made AYP before summer retesting is factored into the data.

The Cobb schools that fell short of meeting AYP are: Acworth Intermediate, Belmont Hills, Brumby, Clay, Compton, Fair Oaks, Green Acres, Hayes, Hollydale, Powder Springs, Powers Ferry, Riverside Intermediate and Russell elementary schools; Campbell, Cooper, East Cobb, Floyd, Garrett, Lindley 6th Grade Academy, Smitha and Tapp middle schools; Campbell, McEachern, Osborne, Pebblebrook, South Cobb, Sprayberry and Wheeler high schools, as well as the Oakwood Digital Academy.

Schools and systems are evaluated based on test participation, academic proficiency and a second indicator - graduation rate for high schools, and attendance rate for elementary and middle schools. The performance of specific student groups, including groups defined by ethnicity, English Language Learners and Students with Disabilities, is among the indicators for AYP. Cobb made overall progress on these indicators, despite higher standards in Math and ELA proficiency for all student subgroups.

"I am really pleased with the gains that our students have made overall on the AYP data," said Superintendent Dr. Michael Hinojosa. "Unfortunately, the first thing most people

will see is that more of our schools did not make Adequate Yearly Progress this year, but that doesn't tell the whole story. The reality is that under the No Child Left Behind Act the targets jumped significantly this year, and yet overall we met 95 percent of the indicators, which is higher than last year, 85 percent of our students met or exceeded standards, and we showed significant improvement in the performance of key student groups. Unless the law changes, the targets are going to continue to increase and more and more schools will not make AYP. That's a fact in every school district in America, but what I want to look for is continued improvement in the specific indicators and student groups, which tells me we are making progress."

One indicator that did not improve was the District's graduation rate, which dropped to a still-strong 83.9 percent but was not enough to meet the increased requirement for AYP, which jumped from 80 percent in 2010 to 85 percent for 2011. The graduation rate, along with performance of specific student groups, hindered Cobb from reaching the benchmarks considered for district AYP status.

The District will analyze the complete AYP reports and provide further information, including individual school AYP data and choice options for schools in 'Needs Improvement' status, in the coming days. Updates will be made available on the District Web site at [www.cobbk12.org](http://www.cobbk12.org). ❧


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## BACK TO SCHOOL

### Cobb Chamber Offers Chance to be a Teacher for a Day



The Cobb Chamber is looking for business and community leaders to participate in the Teacher for a Day program on Thursday, September 29, for both Cobb County and Marietta City Schools.

This innovative program asks the local business community to take a day away from the office and spend it in a classroom. Teacher for a Day gives business

executives a true picture of public education in action. In one day you'll see first-hand both the strengths and challenges that schools and teachers face.

The Cobb Chamber will place volunteers in Cobb and Marietta City schools to experience a day in the shoes of a teacher. Volunteers will work side-by-side with a Cobb County or Marietta City Teacher of the Year for a full school day. Applications are due Thursday, September 9.

For more information or to download an application, visit [www.cobbchamber.org](http://www.cobbchamber.org) or contact Hannah Orr at 770-859-2360 or [horr@cobbchamber.org](mailto:horr@cobbchamber.org). ☒

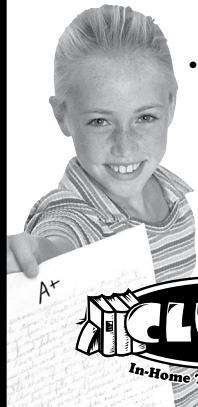
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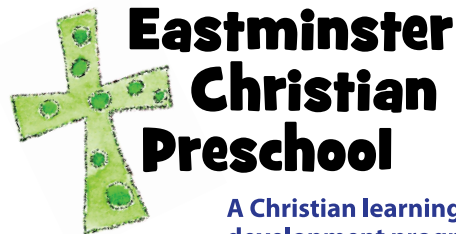
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## 2011-12 Cobb County School Calendar

August 15	1st Day of School
September 5	Labor Day Holiday
November 8	Student Holiday/Staff Day
November 21-25	Thanksgiving Holidays
December 23	Student Holiday/Staff Day
Dec. 26-Jan. 6	Winter Holidays
<b>2012</b>	
January 9	Student Holiday/Staff Day
January 16	M.L. King Holiday
February 20	Presidents Day Holiday
April 2-6	Spring Holidays
May 24	Last Day of School
May 24-26	High School Graduations

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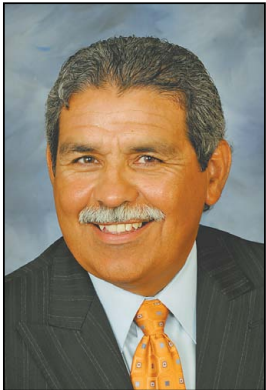
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# Cobb County Welcomes New Superintendent



▲ Dr. Michael Hinojosa

In June 2011, Dr. Michael Hinojosa was named superintendent of the Cobb County School District, the nation's 25th largest school district with a student population of approximately 107,000. His career in public education, from teacher and coach to superintendent of six school systems, spans more than three decades. Prior to joining Cobb, Dr. Hinojosa served as a superintendent/CEO for the Dallas Independent School District in Texas.

With a firm belief that education and not environment is the key to a student's success, he has led several school districts to improved student achievement. Dr. Hinojosa's recognitions include being named 2002 Superintendent

of the Year by the Texas Association of School Boards and 2005 Superintendent of the Year by the University of Texas at Austin. He was honored as Distinguished Alumnus by the College of Education at Texas Tech University and is past president of the Texas Association of School Administrators.

Dr. Hinojosa holds a doctorate in education from the University of Texas at Austin. He and wife Kitty have two sons, one attending Harvard University and another attending Princeton University. He has a son from a previous marriage who graduated from Texas Tech University

Cobb County's school system is among the largest in the United States and the second largest in Georgia. Approximately 107,000 students are educated in 68 Elementary, 25 Middle and 16 High Schools, plus 2 Special Education Centers, 1 Adult Education Center and 1 ESOL Center. All schools are accredited by the Southern Association of Colleges and Schools. ✕



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## BACK TO SCHOOL BY THE NUMBERS

**2** Rank of back to school as a shopping season (the Christmas holidays are No. 1)

**77 Million** Number of children and adults attending school

**11%** Shoppers who will buy a new cellphone or smartphone

**39 Billion** Amount consumers are expected to spend on back-to-school items this year

**16.1%** Share of retailers' annual sales that comes from back-to-school shopping

**18%** Shoppers who will buy a new laptop

**25%** Share of shoppers who plan to spend \$500 or more

**47%** Shoppers who will buy a new backpack or tote bag

**48%** Share of shoppers surveyed who plan to spend \$250 or more

**52%** Share of shoppers who plan to spend as much as they did last year

**75%** Shoppers who will buy new clothes

**79%** Shoppers who will buy school supplies like notebooks, binders and pencils

(Sources: International Council of Shopping Centers, U.S. Census Bureau, PriceGrabber.com)

## Is Your Child an Aspiring Singer/Actor/Dancer?



▲ Tricia Grey

Many kids (and adults) today, fueled by the unprecedented opportunities of shows like American Idol, America's Got Talent, and The Voice, dream of a career as a performer. Never before has a culture made stardom and success appear to be so accessible to so many.

However, there are many pitfalls that an aspiring singer or parent of a child who loves performing should be aware of.

The first and perhaps most important is proper training.

"This is particularly true of the voice," says Tricia Grey, MM, owner of Sing Like A Star Studios in Marietta and Alpharetta. "Damage done to the vocal instrument from singing incorrectly can have lifelong repercussions. If the goal is to become a performer, finding the right vocal coach is absolutely imperative."

Tricia Grey, MM, a native of Los Angeles where she taught voice and sang professionally for 25 years, was recently the vocal coach for the MTV series "Made". However, this was not her first TV show of this kind; one of her early students in Los Angeles won the first season of "Starsearch", walking away with a \$100,000 cash prize. And amazingly, this singer was only 10 years old and competed against adult performers.

But Sing Like a Star vocal training is not just for aspiring professionals; anyone who loves to sing should consider vocal training. "I can teach anyone to sing, if they practice," says Tricia. "Many people think that singing ability is something you either have or you don't-but nothing could be further from the truth. I have had many students through the years who came to me with very little natural ability, who now have professional careers!"

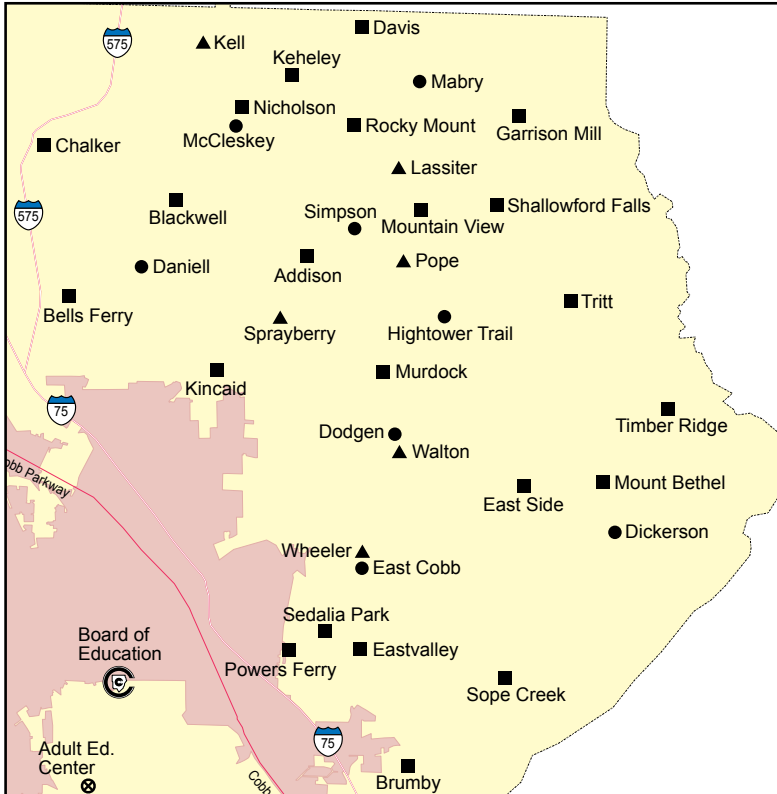
Even if the goal is simply to win the lead in the school musical, or to benefit from the self-confidence that singing provides, Tricia Grey's Sing Like a Star is the only method to consider.

So whether you are a young singer, a professional, or just have a "bucket list", Sing Like a Star vocal training will make your dreams come true! Please visit the website at [www.singlikeastar.com](http://www.singlikeastar.com) and click the "Get Started" button to register for your professional vocal evaluation.



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## Public Schools Located in East Cobb County

### 21 Elementary Schools


- 13,962 Elementary School students

### 8 Middle Schools

- 7,608 Middle School students

### 6 High Schools

- 12,125 High School Students



### MAP LEGEND

- Elementary School
- Middle School
- ▲ High School
- ⊗ Specialty Site
- □ △ Sites with a white symbol are under new construction

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## Education Stats: East Cobb Elementary Schools

Every school year, Cobb County students are tested on a variety of state and system-wide assessments. The Iowa Tests of Basic Skills (ITBS) is administered in September to students in grades 3, 5 and 7. Administration of the ITBS allows the district to compare the performance of students to that of other students across the nation who took the same test at the same time of year. According to the results noted below, East Cobb Cobb County elementary school students performed well above the national average on the Iowa Tests of Basic Skills. For complete results visit [www.cobbk12.org](http://www.cobbk12.org).

**KEY:** Percentile: %; Above Average: 77-99%tile; Average: 23-76%tile; Below Average: 1-22%tile; National Average: 50%tile. National Grade Equivalent (GE) for Third Grade: 3.1. National Grade Equivalent (GE) for Fifth Grade: 5.1

	GRADE	READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
<b>Cobb County Schools - Average Scores</b>	3rd GE 3.5	3.5	3.5	3.7	3.6	
	% 63	65	68	68	69	
	5th GE 5.6	6.3	5.8	6.1	6.1	
	% 61	67	67	66	67	
<b>Addison ES • 7:45am - 2:15pm</b> 3055 Ebenezer Road, Marietta, GA 30066 770-578-2700 • <a href="http://www.cobbk12.org/addison">www.cobbk12.org/addison</a> Principal: Karen Crowder • # of students: 560	3rd GE 3.8	4	3.7	4.1	4	
	% 70	78	79	76	80	
	5th GE 6.3	6.9	6.5	6.6	6.6	
	% 73	75	78	72	74	
<b>Bells Ferry ES • 7:50am - 2:20pm</b> 2600 Bells Ferry Road, Marietta, GA 30066 678-594-8950 • <a href="http://www.cobbk12.org/bellsferry">www.cobbk12.org/bellsferry</a> Principal: Ladonna Starnes • # of students: 589	3rd GE 3.7	3.5	3.7	3.9	3.6	
	% 67	64	73	71	70	
	5th GE 6.1	6.2	5.7	6.5	6.3	
	% 68	67	66	71	69	
<b>Blackwell ES • 7:50am - 2:20pm</b> 3470 Canton Road, Marietta, GA 30066 678-494-7600 • <a href="http://www.cobbk12.org/blackwell">www.cobbk12.org/blackwell</a> Principal: Dr. Maurine Kozol • # of students: 699	3rd GE 3.7	3.5	3.5	3.9	3.7	
	% 69	67	68	72	72	
	5th GE 5.5	6	5.8	6.3	6	
	% 60	64	67	69	66	
<b>Brumby ES • 7:50am - 2:20pm</b> 1306 Powers Ferry Road, Marietta, GA 30067 770-916-7070 • <a href="http://www.cobbk12.org/brumby">www.cobbk12.org/brumby</a> Principal: Dr. Amanda Richie • # of students: 945	3rd GE 2.8	2.9	3.2	3	3.1	
	% 39	44	52	46	51	
	5th GE 4.3	5	4.8	4.6	4.7	
	% 35	47	42	40	43	
<b>Davis ES • 7:55am - 2:20pm</b> 2433 Jamerson Road, Marietta, GA 30066 678-494-7636 • <a href="http://www.cobbk12.org/davis">www.cobbk12.org/davis</a> Principal: Dr. Dee Mobley • # of students: 518	3rd GE 4.3	4	4.2	4.6	4.4	
	% 82	80	85	85	88	
	5th GE 6.8	7.7	6.5	7.7	7.2	
	% 80	83	78	82	82	

	GRADE	READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
<b>East Side ES • 7:50am - 2:20pm</b> 3850 Roswell Road, Marietta, GA 30062 770-578-7200 • <a href="http://www.eastsideelementary.com">www.eastsideelementary.com</a> Principal: Elizabeth Mavity • # of students: 1,037	3rd GE 4.1	4.2	4.1	4.6	4.3	
	% 79	83	83	84	85	
	5th GE 7.1	7.8	7	7.8	7.5	
	% 83	83	86	83	86	
<b>Eastvalley ES • 7:55am - 2:25pm</b> 2570 Lower Roswell Road, Marietta, GA 30067 770-578-7214 • <a href="http://www.cobbk12.org/eastvalley">www.cobbk12.org/eastvalley</a> Principal: Karen Wacker • # of students: 654	3rd GE 3.7	3.5	3.5	3.9	3.7	
	% 68	65	66	71	71	
	5th GE 6.1	6.4	5.8	6.5	6.3	
	% 69	70	67	71	70	
<b>Garrison Mill ES • 7:55am - 2:25pm</b> 4111 Wesley Chapel Road, Marietta, GA 30062 770-642-5600 • <a href="http://www.cobbk12.org/garrisonmill">www.cobbk12.org/garrisonmill</a> Principal: Kyle Giesler • # of students: 698	3rd GE 4.3	4.3	4.1	4.5	4.3	
	% 81	85	84	82	86	
	5th GE 6.9	8.2	6.8	8	7.5	
	% 81	87	84	85	85	
<b>Keheley ES • 7:50am - 2:20pm</b> 1985 Kemp Road, Marietta, GA 30066 678-494-7836 • <a href="http://www.cobbk12.org/keheley">www.cobbk12.org/keheley</a> Principal: Liz Jackson • # of students: 470	3rd GE 4.2	4.4	3.9	4.4	4.3	
	% 80	85	82	81	85	
	5th GE 6.5	7.2	6.2	7	6.7	
	% 75	78	74	76	76	
<b>Kincaid ES • 7:50am - 2:20pm</b> 1410 Kincaid Road, Marietta, GA 30066 770-578-7238 • <a href="http://www.cobbk12.org/kincaid">www.cobbk12.org/kincaid</a> Principal: Cheryl Mauldin • # of students: 705	3rd GE 3.9	4.3	3.9	4.4	4.1	
	% 74	85	82	82	83	
	5th GE 6.7	7.4	6.3	7.2	7	
	% 79	80	75	78	79	
<b>Mt. Bethel ES • 7:45am - 2:15pm</b> 1210 Johnson Ferry Road, Marietta, GA 30068 770-578-7248 • <a href="http://www.cobbk12.org/mtbethel">www.cobbk12.org/mtbethel</a> Principal: Joan Johnson • # of students: 998	3rd GE 4.8	4.9	4.5	5.3	4.9	
	% 88	91	92	90	94	
	5th GE 7.7	8.5	7.3	8.6	8.1	
	% 90	88	89	88	91	



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## Education Stats: East Cobb Elementary Schools

	GRADE	READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
<b>Mt. View ES • 7:55am - 2:25pm</b> 3448 Sandy Plains Road, Marietta, GA 30066 770-578-7265 • www.mountainviewelementary.com Principal: Dr. Renee Ingram Garriss; # of students: 823	3rd GE 4.4 4.5 4.2 4.9 4.5	% 83 87 86 87 89	5th GE 6.6 7 6.6 7.3 7	% 76 76 80 79 79		
<b>Murdock ES • 7:55am - 2:25pm</b> 2320 Murdock Road, Marietta, GA 30062 770-509-5071 • www.cobbk12.org/murdock Principal: Cynthia Hanauer • # of students: 807	3rd GE 4.1 4 4.2 5 4.3	% 79 79 85 87 87	5th GE 7 8.2 6.9 7.9 7.6	% 83 87 85 83 86		
<b>Nicholson ES • 7:50am - 2:20pm</b> 1599 Shallowford Road, Marietta, GA 30066 770-928-5573 • www.cobbk12.org/nicholson Principal: Wanda Shue • # of students: 539	3rd GE 3.7 3.6 3.8 4.2 3.9	% 68 71 78 77 77	5th GE 5.7 6.4 5.6 6.3 6	% 62 70 62 69 66		
<b>Powers Ferry ES • 7:50am - 2:20pm</b> 1845 Powers Ferry Road, Marietta, GA 30067 770-578-7936 • www.cobbk12.org/powersferry Principal: Rattana Intirathvongsy • # of students: 465	3rd GE 2.8 2.9 3 3 2.9	% 38 41 47 46 45	5th GE 4.4 5 4.6 4.9 4.7	% 37 49 40 45 44		
<b>Rocky Mount ES • 7:45am - 2:10pm</b> 2400 Rocky Mount Road, Marietta, GA 30066 770-591-5050 • www.cobbk12.org/rockymount Principal: Gail May • # of students: 574	3rd GE 4.4 4.2 4.2 4.6 4.3	% 83 84 87 83 87	5th GE 6.6 7.3 6.8 7.2 7	% 76 79 84 78 79		


	GRADE	READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
<b>Sedalia Park ES • 7:50am - 2:20pm</b> 2230 Lower Roswell Road, Marietta, GA 30067 770-509-5162 • www.cobbk12.org/sedaliapark Principal: Jennifer Lawson • # of students: 804	3rd GE 3.3 3.4 3.4 3.5 3.4	% 55 61 63 64 64	5th GE 5 5.8 5.4 5.4 5.5	% 50 61 60 57 58		
<b>Shallowford Falls ES • 7:50am - 2:20pm</b> 3529 Lassiter Road, Marietta, GA 30062 770-642-5610 • www.cobbk12.org/shallowfordfalls Principal: Dr. Doreen Griffith • # of students: 698	3rd GE 4.6 4.6 4.3 5.1 4.6	% 86 87 89 88 91	5th GE 7.1 7.9 6.8 8 7.5	% 83 84 83 85 86		
<b>Sope Creek ES • 7:50am - 2:20pm</b> 3320 Paper Mill Road, Marietta, GA 30067 770-916-7085 • www.cobbk12.org/sopecreek Principal: Martha Whalen • # of students: 1,128	3rd GE 4.5 4.5 4.3 4.6 4.6	% 84 87 88 84 91	5th GE 7.4 9 7.6 8.1 8	% 86 91 90 85 90		
<b>Timber Ridge ES • 7:50am - 2:20pm</b> 5000 Timber Ridge Road, Marietta, GA 30068 770-642-5621 • www.cobbk12.org/timberridge Principal: Dr. Tracie Doe • # of students: 590	3rd GE 4.5 4.8 4.4 5 4.6	% 84 89 90 87 92	5th GE 7.6 8.7 6.8 8.1 7.8	% 88 90 83 86 89		
<b>Tritt ES • 7:55am - 2:25pm</b> 4435 Post Oak Tritt Road, Marietta, GA 30062 770-642-5630 • www.cobbk12.org/tritt Principal: Karen Frost • # of students: 893	3rd GE 4.4 4.6 4.2 4.8 4.5	% 84 88 87 86 90	5th GE 6.9 7.8 6.6 7.6 7.3	% 81 83 80 81 83		

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## Education Stats: East Cobb Middle Schools

Every school year, Cobb County students are tested on a variety of state and system-wide assessments. The Iowa Tests of Basic Skills (ITBS) is administered in September to students in grades 3, 5 and 7. Administration of the ITBS allows the district to compare the performance of students to that of other students across the nation who took the same test at the same time of year. According to the results noted below, East Cobb County middle school students performed well above the national average on the Iowa Tests of Basic Skills. For complete results visit [www.cobbk12.org](http://www.cobbk12.org). KEY: Percentile: %; Above Average: 77-99%tile; Average: 23-76%tile; Below Average: 1-22%tile; National Average: 50%tile. National Grade Equivalent (GE) for Seventh Grade: 7.1

	GRADE	READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
<b>Cobb County School - Average Scores</b>	7th GE	7.6	7.9	8	8.4	8.1
	%	58	58	62	65	63
<b>Daniell MS • 9:15am - 4:15pm</b> 2900 Scott Road, Marietta, GA 30066 770-578-2710 • <a href="http://www.cobbk12.org/daniell">www.cobbk12.org/daniell</a> Principal: David Nelson • # of students: 1,010	7th GE	7.4	7.8	7.4	8.1	7.7
	%	54	57	54	62	59
<b>Dickerson MS • 9:15am - 4:15pm</b> 855 Woodlawn Road, Marietta, GA 30068 770-578-2710 • <a href="http://www.cobbk12.org/dickerson">www.cobbk12.org/dickerson</a> Principal: Carole Brink • # of students: 1,106	7th GE	10	10.4	10	11.3	10.6
	%	82	77	84	82	83
<b>Dodgen MS • 9:15am - 4:15pm</b> 1725 Bill Murdock Road, Marietta, GA 30062 770-578-2726 • <a href="http://www.cobbk12.org/dodgen">www.cobbk12.org/dodgen</a> Principal: Robin Lattizori • # of students: 1,086	7th GE	10	11.5	10.5	11.6	11
	%	82	80	87	83	85
<b>East Cobb MS • 9:15am - 4:15pm</b> 380 Holt Road Marietta, GA 30068 770-578-2740 • <a href="http://www.cobbk12.org/eastcobb">www.cobbk12.org/eastcobb</a> Principal: Tiffany Honoré • # of students: 1,244	7th GE	6.9	6.9	7.2	7.5	7.3
	%	46	48	52	56	53

	GRADE	READING	LANGUAGE	MATH	SCIENCE	COMPOSITE
<b>Hightower Trail MS • 9:15am - 4:15pm</b> 3905 Post Oak Tritt, Marietta, GA 30062 770-578-7225 • <a href="http://www.cobbk12.org/hightowertrail">www.cobbk12.org/hightowertrail</a> Principal: Dr. Hilda Wilkins • # of students: 955	7th GE	9.6	10.2	9.8	11.5	10.6
	%	80	76	82	83	83
<b>Mabry MS • 9:15am - 4:15pm</b> 2700 Jims Road, Marietta, GA 30066 770-928-5546 • <a href="http://www.cobbk12.org/mabry">www.cobbk12.org/mabry</a> Principal: Merilee Heflin • # of students: 882	7th GE	9.1	10	9.1	10.1	9.7
	%	75	75	75	77	77
<b>McCleskey MS • 9:15am - 4:15pm</b> 4080 Maybreeze Road, Marietta, GA 30066 770-928-5560 • <a href="http://www.cobbk12.org/mccleskey">www.cobbk12.org/mccleskey</a> Principal: Claire Lyons • # of students: 763	7th GE	7.9	8.6	8.6	9.2	8.6
	%	62	64	69	71	68
<b>Simpson MS • 9:15am - 4:15pm</b> 3340 Trickum Road, Marietta, GA 30066 770-971-4711 • <a href="http://www.cobbk12.org/simpson">www.cobbk12.org/simpson</a> Principal: Andrew Bristow • # of students: 878	7th GE	8.8	9.1	8.8	10	9.4
	%	71	68	72	76	75



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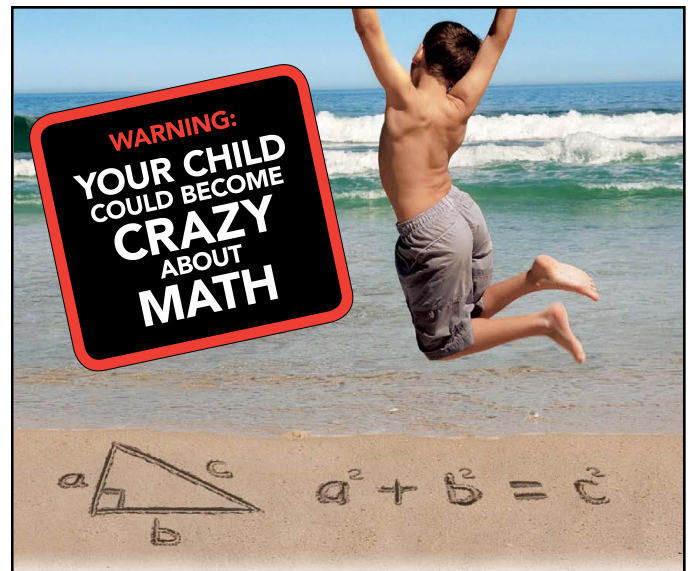
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## SAT Stats: East Cobb High Schools

The Scholastic Assessment Test (SAT) and the American College Testing (ACT) are offered by The College Board several times during the year. These tests are not required by the state or school system, and are not administered by Cobb schools; however, most colleges and universities use SAT and/or ACT scores in determining student admission. The SAT is used to predict a student's potential for success in the first year of college and is required for admission to most colleges and universities. Most college-bound students take one or both of these tests during either their junior or senior year. The following chart displays SAT scores from the Class of 2010 (the last available scores released from Cobb County School District) attending East Cobb high schools. For complete results visit [www.cobbk12.org](http://www.cobbk12.org).

	% TESTED	CRITICAL READING	MATHEMATICS	READING & MATH TOTALS	WRITING	NEW TOTAL
NATIONAL	47	501	516	1017	492	1509
COBB COUNTY	67	511	517	1028	495	1523
GEORGIA	74	488	490	978	475	1453
<b>Kell High School • 8:35am - 3:25pm</b> 4770 Lee Waters Road, Marietta, GA 30066 678-494-7844 • <a href="http://www.cobbk12.org/kell">www.cobbk12.org/kell</a> Principal: Trudie Donovan • # of students: 1,751	72	504	519	1023	489	1512
<b>Lassiter HS • 8:35am - 3:25pm</b> 2601 Shallowford Road, Marietta, GA 30066 678-494-7863 • <a href="http://www.lassiter.org">www.lassiter.org</a> Principal: Dr. Chris Richie • # of students: 1,954	88	546	562	1108	525	1633
<b>Pope HS • 8:25am - 3:25pm</b> 3001 Hembree Road, Marietta, GA 30062 770-578-7900 • <a href="http://www.cobbk12.org/pope">www.cobbk12.org/pope</a> Principal: Rick Beaulieu • # of students: 1,780	81	547	566	1113	540	1653
<b>Sprayberry HS • 8:35am - 3:25pm</b> 2525 Sandy Plains Road, Marietta, GA 30066 770-578-3200 • <a href="http://www.cobbk12.org/sprayberry">www.cobbk12.org/sprayberry</a> Principal: Edward Wagner • # of students: 1,670	56	497	493	990	466	1456
<b>Walton HS • 8:35am - 3:25pm</b> 1590 Bill Murdock Road, Marietta, GA 30062 770-578-3225 • <a href="http://www.cobbk12.org/walton">www.cobbk12.org/walton</a> Principal: Judith McNeill • # of students: 2,614	94	565	593	1158	553	1711
<b>Wheeler HS • 8:35am - 3:25pm</b> 375 Holt Road, Marietta, GA 30068 770-578-3266 • <a href="http://www.cobbk12.org/wheeler">www.cobbk12.org/wheeler</a> Principal: David Chiprany • # of students: 1,965	68	554	563	1117	538	1655



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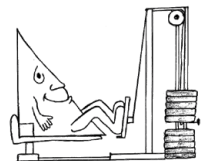
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# A Warm Welcome from ECCC PTA

The East Cobb County Council of PTAs (ECCC PTA) extends a warm welcome to all families as they return to their schools in August. And if you are new to our school district...a very special "We're Glad You Are Here" goes out to your family. The ECCC PTA is comprised of 35 schools in the eastern part of our county – Kell, Lassiter, Pope, Sprayberry, Walton and Wheeler high schools and most of their feeder schools.

Many of you will have the opportunity to join your PTA in the first month of school. We encourage you to make this small investment in your children's education experience; it will pay big dividends all year long! The PTAs at our schools bring educational programming, communication tools, family-fun events and staff appreciation activities to their school communities. In addition, many sponsor programs on bullying, Internet safety, drug awareness/prevention, health and wellness, and diversity to both students and families. And our local PTAs do not forget our association's original purpose – to advocate for children. Volunteers will receive advocacy training at the State Capitol in September, communicate with elected officials, and prioritize the top legislative priorities for the 2011-12 year.

PTA encourages family engagement throughout the school year. This is based on over 30 years of research that proves that there is a positive and convincing relationship between family involvement and student success, regardless of race/

ethnicity, class, or parents' level of education. While there are many ways to be involved, here are five simple things that you can do at the start of this year to make a difference:

- Make sure your child gets plenty of rest and eats a nutritious breakfast every day
- Get your child to school on time
- Visit/Volunteer in your child's classroom
- Subscribe to teacher's blogs
- Ask open-ended questions about your child's day and their assignments

So, come join thousands of other parents and teachers in East Cobb who choose to make a difference by being involved and engaged in their child's educational journey. The PTA mission is to make every child's potential a reality by engaging and empowering families and communities to advocate for all children. Come be a part of this rich tradition. We welcome you! ✕



*This article was written by  
Irene M. Barton and Beth Russell  
ECC PTA Co-Presidents for 2011-12.  
They can be reached by writing to president@ecccpa.org*



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# Cobb School Board Approves FY 2012 Budget

The Cobb County Board of Education has approved a Fiscal Year 2012 budget that presents better conditions for school district employees and preserves teacher jobs. The FY 2012 budget went into effect July 1, 2011. The district's careful implementation of significant spending cuts and service reductions over the past three years, along with prudent management of federal stimulus dollars, has left the district in a better financial position than many had anticipated in this difficult economic climate.

Spending reductions and steps taken to balance the FY2012 budget include:

- A 178-day school year;
- Two furlough days for all staff;
- No teacher layoffs;
- A salary step increase for eligible employees implemented at mid-year;
- A millage rate of 20, with a proposed reduction to the current rate of 18.9 achieved through a transfer of SPLOST II excess funds;
- Current class-size ratios maintained; and,
- A 7.6 percent decrease in the local property tax digest.

"A lot of hard work and careful planning has gone into this budget. It's great news that our school board has approved it, and that the last budget I will present as superintendent is one that gives something back to the

employees," said Superintendent Fred Sanderson, who is retired at the end of June. "Our employees have borne the brunt of the drastic budget cuts we've had to make over the past few years – including salary cuts, multiple furlough days, and layoffs. We were able to set aside some federal dollars last year because we knew that the economic picture was not likely to improve much, if at all. Our planning has left us in better shape financially, which means there will be fewer furlough days and no teacher layoffs heading into next school year."

The FY2012 General Fund budget anticipates \$817,339,204 in revenue, primarily from local property tax collections and state QBE funding. The budget projects \$851,793,623 in expenditures, a slight increase from last year, but still nearly \$100 million below the district's operating budget just three years ago. The \$34.5 million difference between revenues and expenditures will be addressed with funds saved through careful fiscal management by the district's financial staff, including: 1) approximately \$25 million from the current FY2011 budget set aside in anticipation of state funding cuts that were far lower than projected, and 2) approximately \$9.5 million that was set aside from the 2010 Federal Education Jobs Bill.

Details of the FY2012 Cobb County School District budget, as well as video presentations from its development, are available on the District Website at [www.cobbk12.org](http://www.cobbk12.org). ☒

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# The School Food Revolution Needs You!

*By Amy R. Waldner, East Cobb County Council of PTAs Health and Wellness Co-Chair*

The phrase “cafeteria food” often brings a groan to those who hear it whether from past, present or even anticipated experiences. Jamie Oliver’s Food Revolution has brought greater awareness to the masses that change can happen. Our children don’t need to be continually served fatty, highly processed foods in the school cafeteria, and change isn’t as hard as it seems. It merely needs motivated individuals to fuel the effort to rise above “meeting minimum requirements”.

Cynthia Downs, Executive Director of the Cobb County School District Food and Nutrition Services has acknowledged that parents are asking for change. The community appreciates the initial steps she has taken in the long journey ahead. We recognize the hurdles that are caused by considerable budget constraints within the FNS operating system. That said, the stakes are high, and the prize is our children’s health and well-being. No price can be put on this reward.

In 2006, Federal Law required that school districts create a local school wellness policy and develop a comprehensive plan with measurable implementation strategies. The Cobb Wellness Policy does, indeed, outline goals for nutrition education, physical activity and other school-based activities to promote student wellness. The 2010 Child Nutrition Reauthorization, among other good things, states that schools will be required to serve increased portions of fruits, vegetables and whole grains, while limiting sodium and calories in the meals. These are great steps forward, but will also take time to fully implement.

Local schools are pioneering programs and targeting more student and parent awareness with great success. Fresh Fruit Friday provides students access to the ultimate “grab and go” snack on Friday mornings at a handful of East Cobb schools. East Side Elementary introduced a CSA (Community Supported Agriculture) program with unprecedented success. Then there are the nutrition-based Lunch and Learn opportunities available to parents and programs for students like Shallowford Falls’ Girls on the Run. Another innovative group, the Cobb Farm to School initiative, is committed to a community-supported, student-focused, sustainable program for all Cobb County School District students encompassing learning opportunities within the “4 C’s” - community, cafeteria, classroom, and culinary venues.

We urge an on-going “Call to Action” for all parents to become advocates for their children, set a good example with their own eating habits, and to contact their School Wellness Council with problems they may have regarding the offerings in the cafeteria. For more information on how you can help, please feel free to email me at [wellness@ecccpta.org](mailto:wellness@ecccpta.org). Only with a profound groundswell of concern will our voice be heard. ✕



*Amy Waldner, ECCC Health and Wellness Co – Chair, lives in Indian Hills with her husband Kurt and three children. Jack is a student at East Side Elementary while Max and Abby pursue their education at Dickerson Middle School.*



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# Homeschooling Earns High Marks For Learning

By Randi St.Denis, Director, Home Educators Encouragement Alliance

Today, an estimated 80,000 children in Georgia and over 2 million children nationwide are being homeschooled as all types of parents discover more reliable and convenient ways to educate their children. Often frustrated by schools that epitomize educational, cultural and moral decay, parents are searching for better opportunities for their children.

Unknown to most, the quiet education of millions of homeschoolers over the last thirty years has actually benefited the entire community as well, with increased access to quality educational materials, growth in theaters, tutors, rec and aquatic centers, sports businesses, etc. Many talented teachers wanting to be set free from low salaries, red tape and bureaucracy have opened small homeschool teaching centers and have gained the freedom to teach children creatively and spontaneously as children learn best.

On average, homeschool students perform 1-3 grade levels higher than their public and private school peers. Many homeschool students even enter college early by either joint enrollment or by transcript, skipping often redundant 11 and 12 grades in high school and gaining much needed time to complete advanced academic degrees for professions such as physician, accountant and lawyer.

Parents concerned about the content and level of their children's education have learned that there are now a wide variety of homeschool options. Some children attend hybrid

university-style classes choosing specific subjects, while others attend a one- or two-day per week school setting and complete their work at home under their parent's home guidance.

Most homeschool students, approximately 80% are still taught by their parents at home using a variety of creative educational materials easily found at homeschool conventions such as the annual Southeast Homeschool Expo held the last weekend in July at the Cobb Galleria Centre. The Southeast Homeschool Expo also has a wide variety of training workshops for parents who are interested in homeschooling.

For classes, co-ops, football and other sports, marching bands and orchestras, homeschool support and playgroups and many other helpful homeschool events, search the online Directory at SoutheastHomeschoolExpo.com.

Believing that all types of parents can be successful homeschoolers, Home Educators Encouragement Alliance provides free help for those who are interested in homeschooling or who need advice on what to do with their particular child's educational situation. They can be reached at ExpoHEEA@aol.com, or 770-714-4313. ✕



Randi St. Denis is the Director of Home Educators Encouragement Alliance and produces the Southeast Homeschool Expo.



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## Support Local Schools! Become a Partner in Education

The success of the Cobb County and Marietta City public school systems is due, in part, to community support. Through the Cobb Chamber of Commerce's Partners in Education program, businesses can be partnered with individual schools to provide volunteer support, extra funding or unique services matched to the school's needs.

Participation in the program provides opportunities for businesses to:

- Educate students on the requirements and expectations of the business world
- Heighten awareness of present and future job needs
- Understand the quality and needs of the public school systems, whose health is vital to the community's economic well-being
- Build support for schools among employees while simultaneously boosting company morale
- Be recognized as a community-involved company, which adds to your public relations efforts
- Improve the education of future employees and customers

The program is open to small and large businesses, civic groups and non-profits and is instrumental in providing Cobb schools with volunteers, equipment and supplies, scholarships, in-kind services and cash donations.

There is no financial investment associated with the program, but participants are asked to make a one-year commitment to engage in quarterly activities with their partner school. The Cobb Chamber has coordinated the program for Cobb County and Marietta City public schools for 25 years and during that time, more than 1,150 community school partnerships have been established.

There will be a free Prospective Partner Information Session on Monday, August 29, from 8:30am to 10am at the Cobb Chamber of Commerce. Register online at [www.cobbchamber.org](http://www.cobbchamber.org) by August 26 at noon. ✕



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# Cobb Named Among Best Communities for Music Education in America

According to a nationwide survey by the NAMM Foundation and the American Music Conference, the Cobb County School District is among the 179 Best Communities for Music Education in America! Teachers and school district administrators, representing communities across the country, participated in the web-based survey. The districts were measured across curricular and programmatic criteria as well as public support of their music programs. The survey was developed and administered by The Institute for Educational Research and Public Service, an affiliate of the University of Kansas.

Each district or school receiving the "Best Communities" designation scored in the 80th percentile or higher in the survey's grading process. Participants in the survey answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, support for the music program, and other relevant factors in their communities' music education programs. The responses were verified with district officials, and advisory organizations reviewed the data. Cobb is one of just five school systems in Georgia to receive this designation for 2011. ✕



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## COMMUNITY CALENDAR

**Free Mulch.** Cobb EMC offers free mulch from the clearance maintenance of Cobb EMC power lines. It is available throughout the year and can be delivered when crews are in your area. More info: 678-355-3413.

### Every Wednesday

**Wednesday Walks** in the garden at Barrington Hall. Share in the garden's history and learn some gardening tips for your own yard. 9:30-10:30am. Free. Barrington Hall, 535 Barrington Drive, Roswell. More info/reservations: 770-640-3855.

### Every Saturday

**Marietta Square Farmers Market** featuring products that are grown and produced in Georgia, including produce, plants, honey, breads, cheese and other items. 9am-12pm. Rain or shine. Through November. Glover Park-Marietta Square. More info: 770-49-9393 or [www.mariettasquarefarmersmarket.net](http://www.mariettasquarefarmersmarket.net).

**Free Arts and Crafts** at Lakeshore Learning Materials. 11am-3pm. Ages 3 and up. Make a spacecraft, dinosaur puppets, flowers for my teacher and honey bee hive! Lakeshore Learning Store, 4287 Roswell Road, Marietta. More info: 770-578-3100 or [www.lakeshorelearning.com](http://www.lakeshorelearning.com).

### Every Sunday

**Kabbalah Café.** Delve into the mystical secrets of Judaism based on the Chassidic teachings of Tanya. This tale of two souls will give you the tools to understand yourself in unprecedented ways. 10-11am. Chabad of Cobb, 4450 Lower Roswell Road, Marietta. More info/to register: 770-565-4412 or [www.chabadofcobb.com](http://www.chabadofcobb.com).

### AUGUST 5

**A1A Jimmy Buffett Tribute Show with Jeff Pike.** This energetic, outrageously fun Buffett band will whisk you away to a beach where it's 5 o'clock and there's a margarita somewhere. Ages 18+. 8pm. \$12 in advance. \$15 day of event. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-291-0080.

### AUGUST 5 & SEPTEMBER 2

**First Friday Art Walk.** A self-guided tour with more than 30 merchants hosting artists in their stores. Get a map at the Marietta Welcome Center, have it stamped at each stop and turn it in after your walk for a free gift bag. Every first Friday through October. 5-8pm. Glover Park-Marietta Square. More info: [www.mariettaga.gov](http://www.mariettaga.gov).

### AUGUST 5-7, 11-13

**There Goes the Bride** presented by CenterStage North. When harassed advertising executive Timothy Westerby hits his head on the morning of his daughter's society wedding, he awakes to find himself in the company of Polly Perkins, a 1920's Flapper girl straight out of his current advertising campaign. It soon becomes all too clear that no-one else can see or hear her. Thursday-Saturday: 8pm. Saturday, August 13: additional show at 2pm. Sunday: 2pm. The Art Place Mountain View, 3330 Sandy Plains Road, Marietta. More info: 770-516-3330 or [www.centerstagenorth.org](http://www.centerstagenorth.org).



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## AUGUST 6

**Lutador Grappling Mixed Martial Arts Competition.** Martial arts competition, kids to adults, men and women. Visit [www.lutadorgrappling.com](http://www.lutadorgrappling.com) to register to compete. 8am-11pm. \$5 admission. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: Jason Evangelista, 706-414-1064.

**Canning 101.** Learn how to can your own garden bounty in this class led by Smith Gilbert Gardens Executive Director Doug Davis. 10am. \$15 (includes admission to the Gardens). Registration required. Smith Gilbert Gardens, 2382 Pine Mountain Road, Kennesaw. More info: 770-919-0248 or [www.smithgilbertgardens.com](http://www.smithgilbertgardens.com).

**Smyrna Summer Concert Series: Brandon Perry Band/Banks & Shane.** This show will celebrate Smyrna's birthday. Enjoy foods, festivities, kids' activities, a giant birthday cake and fireworks at the end. 6-10pm. Village Green, 200 Village Green Circle, Smyrna. More info: 770-434-6600.

**54th Annual Miss Cobb County Scholarship Pageant.** See the new Miss Cobb County crowned. 7pm. \$20/regular admission. \$30/patron. Jennie T. Anderson Theatre, 548 South Marietta Parkway, Marietta. More info: Gene Phillips, 770-435-6378, [misscobbcounty@yahoo.com](mailto:misscobbcounty@yahoo.com), or [www.misscobb.com](http://www.misscobb.com).

## AUGUST 6-7, 13-14, 20-21, 27-18

**River Adventures** led by a naturalist who will offer a unique introduction to the ecology of the Chattahoochee River. Saturdays: 8:30-11am and 6pm-dusk. Sundays: 6pm-dusk. Suitable for ages 6 and up. \$30/non-members. \$25/members. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 700-992-2055 or [chattnaturecenter.org](http://chattnaturecenter.org).

## AUGUST 6, SEPTEMBER 10 & OCTOBER 8

**Cobb Animal Control Adopt-A-Thon.** Cobb Animal Control is competing in the ASPCA Save More Lives Challenge to save more lives and find "forever homes" for animals. 10am-4pm. Vendors, food, animal rescue groups, police K-9 demonstrations, raffles, special adoption rates and a chance to meet the new on-staff veterinarian. Cobb County Animal Shelter, 1060 Al Bishop Drive, Marietta. More info/to make a secure donation: [cobbcounty.org/animalcontrol](http://cobbcounty.org/animalcontrol).

## AUGUST 7

**Tryouts for Terrell Mill Titans Travel Softball Teams** for age groups 10/12/14/16 & Unders. Registration: 1:30pm. Tryouts: 2pm. Terrell Mill Park, 480 Terrell Mill Road, Marietta. More info: Chris Andriano, [gatitans00@gmail.com](mailto:gatitans00@gmail.com) or [www.georgia-titans.com](http://www.georgia-titans.com).

## AUGUST 7, 9, 10 – SEPTEMBER 11

**On Golden Pond.** A couple returns for the 40th year to the embracing warmth of their beloved home in the Maine woods with its Golden Pond and melodic loons. This time out there's a new guest – a flippancy 13-year-old boy about to teach them a thing or two and learn a few things himself. Previews August 7 (7pm) and 9 (8pm): \$12. Tuesday-Saturday: 8pm. Sunday: 2:30pm & 7pm (except September 11-no 7pm performance). \$24-\$33. Additional show September 7 (2:30pm): \$20. Theatre in the Square, 11 Whitlock Avenue, Marietta. More info: 770-422-8369 or [www.theatreinthesquare.com](http://www.theatreinthesquare.com).

## AUGUST 7, SEPTEMBER 4

**First Sunday Family Day** at the Marietta/Cobb Museum of Art with fun activities for the whole family. Free admission. 1-4pm. Marietta/Cobb Museum of Art, 30 Atlanta Street SE, Marietta. More info: 770-528-1444.

## AUGUST 8, 15, 22, 29

**Bio-Buggies.** Come explore the Insect and Bird Bio-Buggies! Discover the fascinating world of insects and birds with hands-on experiments and tools. 1:30-3pm. Ages 4-12. \$8/adults. \$6/seniors. \$5/ages 3-12. Free/members & children 2 and under. Chattahoochee Nature Center, 9135 Willeo Road, Roswell. More info: 70-992-2055 or [chattnaturecenter.org](http://chattnaturecenter.org).

## AUGUST 10

**East Cobb Area Council Meeting** sponsored by the Cobb Chamber of Commerce. East Cobb high school head coaches will speak about the East Cobb high schools' "Pigskin Preview." 7:45-9am. General admission: \$35. Members: \$15 online by noon August 8; \$25 at door. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 770-980-2000 or [www.cobbchamber.org](http://www.cobbchamber.org).

**Museum Mice Tour** for toddlers ages 3-5 and their parents. Join in the fun in finding Etta's (the mouse) favorite shapes. 10:30-11am. \$5/non-members. Free/members. Reservations required. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710.

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# COMMUNITY CALENDAR

## AUGUST 10

**Gardeners' Night Out** presented by the Master Gardener Volunteers of Cobb County. Master Gardener Amy Whitney will present Vegetable Gardening in the Fall. Free. 6:30-7:30pm. Mountain View Library, 3320 Sandy Plains Road, Marietta. More info: 770-528-4070.

## AUGUST 12

**Cobb Executive Women Luncheon** with guest speaker Susan Story, president of Southern Company Services. Registration: 11am. \$20 online by noon, August 10. \$35 at door. The Georgian Club, 100 Galleria Parkway, 17<sup>th</sup> floor, Atlanta. More info: 770-980-2000 or [www.cobbchamber.org](http://www.cobbchamber.org).

## AUGUST 12-13

**Charity Garage Sale** benefiting Habitat for Humanity sponsored by the Covenant Churches of East Cobb (St. Peter & St. Paul Episcopal, Mt. Zion United Methodist, The Lutheran Church of the Resurrection and the Catholic Church of St. Ann). Friday: 8am-5pm. Saturday: 8am-2pm. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-977-0587.

## AUGUST 12-14

**The Dixie Swim Club** presented by the Mount Paran Players with all proceeds benefitting MUST Ministries. Five southern women whose friendships began on their college swim team reunite every August at the same beach cottage to reconnect, laugh and meddle in each other's lives. \$23. Friday: 8pm. Saturday: 3pm & 8pm. Sunday: 3pm. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-291-0080.



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## AUGUST 13

**East Cobb Rotary Dog Days 5K/1 Mile/Tot Trot.** 7am. Race starts and finishes at WellStar Physicians' Group, 1010 Johnson Ferry Road, Marietta. General parking at Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. Proceeds benefit local and international service projects of the East Cobb Rotary Club. \$20/early registration. \$25/race day or for phantom runner. More info: [www.active.com](http://www.active.com) or [www.eastcobbrotary.com](http://www.eastcobbrotary.com).

**"Library Island" Celebration** presented by Cobb County Public Library System celebrating the end of the Summer Reading Program. The Theatre in the Square, Georgia Ballet, Children's Peace Center and luau dancers will be on hand to provide fun and educational entertainment. 10am-noon. Free. Cobb County Central Library, 266 Roswell Street, Roswell. More info: 770-528-2330 or [www.cobbcat.org](http://www.cobbcat.org).

**Papermaking.** Wondering what to do with old dryer lint? Bring it and learn how to make paper. Create beautiful works of art using lint and organic material. 10am. \$15 (includes admission to the Gardens). Registration required. Smith Gilbert Gardens, 2382 Pine Mountain Road, Kennesaw. More info: 770-919-0248 or [www.smithgilbertgardens.com](http://www.smithgilbertgardens.com).

## AUGUST 18

**Evening with History.** Rev. Dr. Robert G. Certain will share his story from his book "Unchained Eagle" about his time as a POW in Vietnam. 7-9pm. Free/members. \$5/non-members. Reservations required. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710.

## AUGUST 19

**Cobb County Master Gardeners Lunch & Learn: Composting** presented by Eddie Rhoades. Successful gardening begins with good soil. Bring your lunch and learn about green manure cover crops, mulch, composting and Aerobically Activated Compost Tea. 12-1pm. Free. Cobb Water System, 662 S. Cobb Drive, Marietta (corner of S. Cobb Drive & Atlanta Road/enter from Atlanta Road). More info: 770-528-4070 or [www.cobbmastergardeners.com](http://www.cobbmastergardeners.com).

**Martinis and Music** with music provided by Bert Reeves. 5:30-8:30pm. Free/members. \$8 includes access to all exhibition, live musical entertainment, hors d'oeuvres and cash bar. Marietta/Cobb Museum of Art, 30 Atlanta Street SE, Marietta. More info: 770-528-1444 or [www.mariettacobbartmuseum.org](http://www.mariettacobbartmuseum.org).

**3<sup>rd</sup> Annual Trilogy Trolley Crawl-European Style.** Visit Paris, London and Rome at Bulloch Hall, Barrington Hall and Smith Plantation respectively, and enjoy music, food and entertainment. 7-11pm. \$18 pass includes food samples at each home, transportation between the homes via trolley, one drink ticket and unlimited entertainment. Tickets may be purchased at any of the homes or at the Roswell Visitors Center, 617 Atlanta Street, Roswell. More info: 678-639-7500.

## AUGUST 20

**2011 East Cobb 5K Road Race** a.k.a. Walton Raider Chase. Food, beverages and music. Awards for top finishers. 8am. \$20. Advance registration at Big Peach Running Co. or [www.active.com](http://www.active.com). Race day registration and race number pick: 7am. Walton High School, 1590 Bill Murdock Road, Marietta. More info: [waltonfxc.com](http://waltonfxc.com).



## AUGUST 20

**Shriner Car Show** benefiting Shriners Children's Hospitals. Food and entertainment. Free/donations accepted. 9am-5pm. Jim Miller Park, 22245 Callaway Road, Marietta. More info: 770-8268951.

**East Cobb Market.** Shopping, food, music and fun for the entire family. 10am-4pm. 2500 Sandy Plains Road, Marietta. More info: 770-826-8951.

**The 39<sup>th</sup> Annual American Cancer Society Swordsman's Ball.** Reception: 6:30pm. Dinner: 7:30pm. \$125/ticket. \$1,500/table of eight. Cobb Galleria Centre, 2 Galleria Parkway, Atlanta. More info: 770-429-0089.

**Candlelite Concert: Roxie Watson** presented by the South Cobb Arts Alliance. Bring a picnic and come early for the best seating. Food concessions also available. Free. \$50/table for 4. Gate opens at 7pm. Show begins at 8pm, rain or shine. Mable House Barnes Amphitheatre, 5239 Floyd Road, Mableton. More info: 770-819-3285 or [www.mablehouse.org](http://www.mablehouse.org).

**Summer Stars Concert Series: Delta Moon Encore Performance.** Lawn opens at 7pm. Show starts at 7:30pm. Free. \$25/table for 8. Rain or shine. The Art Place Mountain View, 3330 Sandy Plains Road, Marietta. More info: 770-509-2700 or [www.theartplace.us](http://www.theartplace.us).

**The Whiskey Gentry**, a motley crew full of musicians from all walks of life, will perform a variety of music from bluegrass to punk to gospel to outlaw country to old-time rock and roll. 8pm. \$12. Earl Smith Strand Theatre, 117 North Park Square, Marietta. More info: 770-293-0080 or [www.earlsmithstrand.org](http://www.earlsmithstrand.org).

## AUGUST 21

**Third Sundae** at Barrington Hall. Guests will be treated to a free ice cream sundae in the great kitchen of this historic home at the end of each tour. Tours are at 1pm, 2pm, and 3pm. Admission: \$8. \$6/ages 6-12. Barrington Hall, 535 Barrington Drive, Roswell. More info: 770-640-3855 or [www.southerntrilogy.com](http://www.southerntrilogy.com).

## AUGUST 23

**Grow Your Business Through Google** presented by the Cobb Chamber of Commerce. Drew Tonsmeire, Area Director of Kennesaw State University Small Business Development Center and Google Certified Small Business Trainer, presents a Google tools workshop that makes it easy for companies to reach more customers, understand what customers are searching for and operate more efficiently. 8-11am. General admission: \$75. Chamber members: \$50. Cobb Chamber of Commerce, 240 Interstate North Parkway, Atlanta. More info: 770-980-2000.

**Red Cross Blood Drive.** 3-8pm. St. Catherine's Episcopal Church, 571 Holt Road, Marietta. More info: [www.stcatherines.org](http://www.stcatherines.org).

## AUGUST 26

**Glover Park Concert Series: Tyn Tymes** performing beach music and oldies. 8pm. Free. Tables available for rent. Glover Park-Marietta Square. More info: 770-794-5601 or [www.mariettaga.gov](http://www.mariettaga.gov).

## AUGUST 26-27

**Cobb Classic Rodeo.** Bareback riding, bull riding, steer wrestling, roping, and barrel racing. Proceeds benefit Cobb County Sheriff Mounted Patrol Unit. 8-10pm. Advance tickets: \$12/adults; \$10/children. At gate: \$15/adults; \$12/children. Under 5 free. Jim Miller Park, 2245 Callaway Road, Marietta. More info: Johnny Woodward, 404-625-4890 or Larry Haney, 770-684-7277 or [www.cobbcountyrodeo.com](http://www.cobbcountyrodeo.com).



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Because no two families are alike, we have designed a new, flexible schedule for the 2011-12 school year that allows you to create a personalized preschool program tailored to your individual needs. So now, in addition to our NAEYC accreditation, advanced curriculum, and loving, highly-trained staff, we have made it more convenient than ever to give your child the best preschool experience in Atlanta.

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- Our flexible options are from 7:30 - 9:00 am; 1:30 - 4:00 pm; and 4:00 - 6:00 pm.

For more information or to schedule a tour, please contact RayeLynn Banks at 678.812.3714 or email [rayelynn.banks@atlantajcc.org](mailto:rayelynn.banks@atlantajcc.org)



[atlantajcc.org](http://atlantajcc.org)

The Sunshine School at Temple Kol Emeth • 1415 Old Canton Road • Marietta

## COMMUNITY CALENDAR

### AUGUST 27

**3rd Annual DI Dash 5K and 1K Fun Run** benefiting Children's Healthcare. Certified Peachtree Road Race qualifier. Registration & check-in starts at 6:30am. 5K starts at 7:30am. 1K starts at 8:30am. \$25 by August 22. \$30 thereafter. Marietta Square. More info: [www.active.com](http://www.active.com).

**Sweet and Savory: Collard Greens & Pot Likker.** Learn about and taste some of our southern food traditions. 11am-2pm. Museum admission: \$5/adults; \$3/students & seniors; free/ members and children under 6. Marietta Museum of History, 1 Depot Street, Marietta. More info: 770-794-5710.

### AUGUST 28

**7<sup>TH</sup> Annual Miss Mary's Ice Cream Crankin'** benefiting The Drake House which provides short-term crisis housing to homeless mothers and their children. Ice cream eating and stacking contests, music, face painting and children's games. 2-4pm. \$5/individual. \$15/family. Historic Roswell Town Square, 616 Atlanta Street, Roswell. More info: 404-234-7270 or [www.thedrakehouse.org](http://www.thedrakehouse.org).

### AUGUST 31

**East Cobb Civic Association Meeting** with speaker, Georgia Attorney General, Sam Olens. Open to the public. 7pm. East Cobb Library Community Room, 4880 Lower Roswell Road, Suite 510-B, Marietta. More info: [blcarver@bellsouth.net](mailto:blcarver@bellsouth.net) or [www.eastcobb.net](http://www.eastcobb.net).

### SEPTEMBER 3, 10, 17 & 24

**Super September Saturdays at Marietta Museum of History.** Admission is Free and the last Saturday is Museum Day. 10am-4pm. Marietta Museum of History, 1 Depot Street, Suite 200, Marietta. More info: 770-794-5710.

### SEPTEMBER 3-5

**25<sup>th</sup> Annual Art in the Park Festival** presented by the Marietta Business Association. Features an artist market, an Interactive Art Alley featuring "make and take" art projects, juried exhibition by over 130 artists from 16 states, live music and more. 10am-5pm. Free. Historic Marietta Square. More info: 770-592-7180 or [www.marietta.com](http://www.marietta.com).

### SEPTEMBER 4

**Nibble & Noshfest**, a taste of Jewish food, fun and entertainment. Free. Everyone welcome. Sample size foods priced \$1-\$3. 11am-7pm. Temple Kol Emeth, 1415 Old Canton Road, Marietta. More info: 404-580-4928.

### SEPTEMBER 5

**Holy Smoke BBQ and Music Festival** sponsored by the Men of Johnson Ferry Baptist Church. Barbecue, live music, BBQ cooking contest, kids games, street fair and classic car show. Advance lunch or dinner meal purchases available. Non-perishable food items accepted for food drive and entry into a drawing for prizes. 11am-7pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2972 or [www.johnsonferry.org](http://www.johnsonferry.org).

### SEPTEMBER 8-10

**2011 Catch the Wave Writers Conference** hosted by the Christian Authors Guild. Simpsonwood Conference Center, 4511 Jones Bridge Circle, Norcross. More info: 404-456-4310 or [www.christianauthorsguild.org](http://www.christianauthorsguild.org).

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## SEPTEMBER 9

**marTinis for Tatas** to support "Heroes for Hope" 3-Day (for the Cure) Team. Drinks, raffle and t-shirts. 6-10pm. Ralph's Tavern & Grill, 4290 Bells Ferry Road, Suite 110, Kenesaw. More info: 770-516-3777 or [www.just-fired.com](http://www.just-fired.com).

## SEPTEMBER 10

**Candlelite Concert: Kayla Taylor Jazz** presented by the South Cobb Arts Alliance. Bring a picnic and come early for the best seating. Food concessions also available. Free. \$50/table for 4. Gate opens at 7pm. Show begins at 8pm, rain or shine. Mable House Barnes Amphitheatre, 5239 Floyd Road, Mableton. More info: 770-819-3285 or [www.mablehouse.org](http://www.mablehouse.org).

### Get Your Event Listed!

We need: event name, date, description, ticket prices, time/hours, site, address, phone number and Web address. The deadline for the Community Calendar is the 15th of the month prior to the next issue.

Mail info to:

EAST COBBER, P.O. Box 672121,  
Marietta, GA 30006-0036  
or e-mail [calendar@eastcobber.com](mailto:calendar@eastcobber.com)



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# Local Consignment Sales Recycle by Reselling

*Are you a bargain hunter when it comes to your kids' wardrobe or toys? Consignment sales offer everything from strollers, bouncy seats, cribs, any kind of toy you can think of, to diaper bags, bedding, infants' and kids' clothes, and maternity clothes. You can also find winter coats, boots, and Halloween costumes. Shoppers can find a wide variety of children's items that are usually screened for quality, all under one roof. You don't have to drive around town to different garage sales where it's a hit-or-miss on what items you might find and in what shape, as the local consignment sales have quality standards. We've scouted and scoured our sources to provide EAST COBBER readers a list of local consignment sales.*

## August 13 & 14

**The Glen at Kingsgate Kids Sale.** Saturday: 8am-3pm. Sunday: 11am-2pm. Kingsgate Subdivision, 158 Nocatee Trail in The Glen neighborhood, 1.5 miles north of Trickum Road and Hwy. 92 intersection, Woodstock. Cash only. More info: 770-591-7892.

## August 19 & 20

**All 4 Kids- East Cobb.** Friday: 9:30am (or 8:30am w/\$5 Cash for Missions) -7pm. Saturday: 9am-1pm. Mt. Paran North Church of God, 1700 Allgood Road, Marietta. More info: [www.all4kids.com](http://www.all4kids.com).

## August 21 & 22

**The Blessing Line Consignment Sale.** Saturday: 9am-6pm. Sunday: 9am-Noon. B-Building Basement, First Baptist Church Woodstock, 11905 Highway 92, Woodstock. More info: 770-591-2509 or [www.blessingline.com](http://www.blessingline.com).

## August 24 & 25

**Divine Children's Show Boutique Overstock and Consignment Sale.** Preview show Tuesday, Aug. 23, for volunteers, consignors, and new moms. New moms need to register online. Wednesday: 9:30am-9pm. Thursday: 9:30am-2pm. The Mansour Center, 995 Roswell Street, Marietta. More info: 770-367-3152 or [www.dcskids.com](http://www.dcskids.com).

## August 25 - 27

**Due West Treasure Chest Children's/Junior's Consignment Sale.** Thursday: 9:30am-7pm. Friday: 9:30am-6pm. Saturday: 8am-Noon. Many items half price on Saturday. Due West United Methodist Church, 3956 Due West Road, Marietta. More info: 678-318-1908 or [www.duewest.org](http://www.duewest.org).

## August 26 & 27

**Born Again Blessings Consignment Sale.** Friday: 9am-7pm. Saturday: 9am-Noon. First time parents, sign up online for special Preview Sale, 7pm, Thursday. Benefits the Hilda Cagle Foundation to help needy families. Cash and checks only. Cobb Civic Center, 548 South Marietta Parkway, Marietta. More info: [www.bornagainblessings.com](http://www.bornagainblessings.com).

**East Cobb's Finest Kids' Consignment Sale.** Thursday (volunteers only): 5-7pm. Friday: 9am-4pm. Saturday: 9am-Noon. Everything 30% off on Saturday. The Episcopal Church of St. Peter & Paul, 1795 Johnson Ferry Road, Marietta. More info: 770-977-7473 or [www.peterandpaul.org](http://www.peterandpaul.org).

**Mt. Bethel UMC Fall/Winter Consignment & Bake Sale.** Friday: 9:30am-7pm. No children allowed on the sales floor until 12pm. Saturday: 9am-12pm. Childcare available 8:30am-12pm for \$4/hour/child, maximum \$8/family. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: [www.mtbethelccs.com](http://www.mtbethelccs.com).

**Tots to Tweens Consignment Sales** sponsored by Northwest Atlanta Moms of Multiples Consignment Sale (NOWaMOM). Friday: 9am-7pm. Saturday: 9am- 12pm. Sandy Plains Baptist Church, 2825 Sandy Plains Road, Marietta. More info: 678-453-6993 or [www.nowamom.org](http://www.nowamom.org).

## September 8 - 10

**Lil' Lambs Closet.** Thursday/\$5 Public preview: 6-8pm. Friday: 9am-7pm. Saturday: 9am-1pm. Many items half off on Saturday. Proceeds go to the Good Samaritan Fund, Children's Ministry, and Weekday Ministry. First United Methodist Church of Marietta, 56 Whitlock Avenue, Marietta. Childcare available with reservations. More info: 770-429-7850 ext. 7860 or 7858, or [www.lil-lambs.org](http://www.lil-lambs.org).

## September 9 & 10

**Children's Consignment Sale.** Friday: 9am-2pm. Saturday: 8am-12pm. No strollers Friday morning. Many items half price on Saturday. Roswell United Methodist Church, 814 Mimosa Boulevard, Roswell. More info: [www.rumc.com](http://www.rumc.com).

**The Children's Garden Consignment Sale.** September 9: 9am-6pm, September 10: 9am-1pm. East Cobb Church of Christ, 5240 Roswell Road, Marietta/East Cobb. More info: 770-587-5999 or Louann Williams at [louann@eastcobbccoc.org](mailto:louann@eastcobbccoc.org)

## September 16 & 17

**Giggles and Grace Consignment Sale.** Friday: 9am-8pm. Saturday: 8am-1pm. Many items half off on Saturday. Marietta Church of God, 1083 Allgood Road, Marietta. More info: 678-873-5959 or [www.gigglesandgrace.org](http://www.gigglesandgrace.org).

## September 16 & 17

**KinderMart Children's Consignment Sale.** Friday: 9:30am-8pm. No strollers before 11am. Saturday: 9am-Noon. Many items ½ price on Saturday. Benefits Smyrna FUMC Preschool/Kindergarten. Fellowship Hall, Smyrna First United Methodist Church, 1315 Concord Road, Smyrna. More info: [www.kindermartsale.com](http://www.kindermartsale.com).

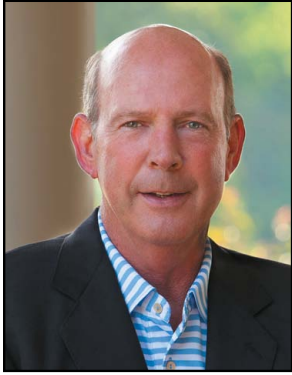
## September 18 & 19

**What Goes Around Children's Consignment Sale.** Sunday: 10am-4:30pm. Preview hours Sunday: 8:30-10am with \$5 donation. Monday: 8am-2:30pm. Congregation Etz Chaim, 1190 Indian Hills Parkway, Marietta. More info: 770-977-3348 or [whatgoesaroundsale@etzchaim.net](mailto:whatgoesaroundsale@etzchaim.net) or [www.whatgoesaroundsale.com](http://www.whatgoesaroundsale.com). ✕

Visit us online at  
[www.eastcobb.com](http://www.eastcobb.com)



# Larry Nelson to Receive PGA Distinguished Service Award



▲ Larry Nelson

Larry Nelson, a resident of East Cobb, and a member of the World Golf Hall of Fame, has been named the recipient of the 2011 PGA Distinguished Service Award. Nelson, 63, will receive the Association's highest annual honor in conjunction with the 93rd PGA Championship at Atlanta Athletic Club in Johns Creek. The award presentation will be conducted August 10 at The Cobb Energy Performing Arts Centre.

"Larry Nelson is one of golf's consummate champions, who performed at the highest level on many of the game's grandest stages and has carried himself with dignity and grace to become one of the sport's most respected ambassadors," said PGA of America President Allen Wronowski. Larry's talent on the course matches his ability to connect with others both in and outside our industry. Through this effort, he has devoted much of his time to the welfare of those who would otherwise never pick up a golf club. We are truly honored to present him with the 2011 PGA Distinguished Service Award."

A multi-sport athlete in high school, Nelson did not begin playing golf until he was 21, and only after returning in 1968 following a two-year term in the U.S. Army in Vietnam. He honed his golf swing by reading the words of a legend, Ben Hogan, in "The Five Fundamentals of Golf." Nelson broke 100 the first time he played and broke 70 within nine months. He declared himself professional in 1970 and advanced through the PGA Tour Qualifying School in the fall of 1973.

He went on to win the 1981 PGA Championship in his home state at Atlanta Athletic Club; the 1983 U.S. Open at Oakmont (Pa.) Country Club; and the 1987 PGA Championship at PGA National Golf Club in Palm Beach Gardens, Fla. In all, Nelson has won 10 times on Tour. Upon turning 50 in 1997, Nelson went on to win 19 Champions Tour events, and in 2006 was inducted into the World Golf Hall of Fame.

"It's quite an honor and I'm very humbled by it," said Nelson of the PGA Distinguished Service Award. "I have been very blessed in my career, and have been fortunate that golf has allowed me to meet many around the world, develop special friendship and serve others. I am very proud that The PGA of America would honor me with this award."

Nelson made an impact on Tour and within golf's junior ranks through his work with the Fellowship of Christian Athletes (FCA). In 1981, he helped develop the first FCA Junior Golf Camps. In 2004, he teamed with a missionary to construct a gymnasium and add additional support to an orphanage in the Philippines. Closer to home, Nelson worked with fellow Champions Tour professional Joe Inman in developing The First Tee of College Park in Atlanta.

Nelson and his wife, Gayle, live in East Cobb. Their sons each live in the Atlanta area, where Josh is performing ministry work with Links Players International, and Drew is employed in web design and by a golf outing company.

The PGA Distinguished Service Award, inaugurated in 1988, honors outstanding individuals who display leadership and humanitarian qualities, including integrity, sportsmanship and enthusiasm for the game of golf. ❧

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#### Open Door Shabbat – Friday, August 19th\*

Shabbat Shalom Yeladim

6:00 p.m. Dinner and service ideal for young families

8:00 p.m. Regular Shabbat service open to all followed by an Oneg with an opportunity to meet and mingle with our clergy.

#### Prospective Member Brunch – Sunday, August 28th\*

10:00 a.m. to 12:00 p.m.

Bring the whole family to learn about our Religious School, Early Childhood Education Center and our many worship, learning, and social opportunities. Babysitting will be available.

#### Open Door Shabbat – Friday September 9th\*

7:15 p.m. Join us for a special wine & cheese reception with the Rabbi, Cantor, and congregants

8 p.m. Service (Babysitting is available)

**\* Please RSVP:** Call (770) 642-0434  
or e-mail us at [rsvp@bethtikvah.com](mailto:rsvp@bethtikvah.com)  
Visit us at [www.bethtikvah.com](http://www.bethtikvah.com)

# East Cobb Rotary Club Continues Its Annual Dog Days Run

On Saturday, August 13, the East Cobb Rotary Club will hold its Dog Days 5K Run to raise money for various East Cobb charities. The race, which is in its sixth year now, has become one of the more popular races in East Cobb, and this year's race promises to bring in even more runners.

A few things have changed and will be new to the Dog Days 5K this year. The race course has been altered and will not be similar to last year, but starts and ends at WellStar Physicians Group in East Cobb. Parking will be available at Johnson Ferry Baptist Church. Also new this year, the Dog Days Run logo has a fresh new look. This new logo will be featured on the blue technical tees that all of the race participants will receive.

The various charities that will benefit from this year's Dog Days 5K Run include WellStar Community Hospice, the American Cancer Society's Relay for Life, the Brain Tumor Foundation, Camp Kudzu for Juvenile Diabetes,

Camp Hope, Canine Assistance, the Boy Scouts of America and many others.

Since the race is, indeed, in the middle of the Dog Days of August, the start time for the 5K is 7am to ensure that runners are done well before the heat of the day begins. In addition to the 5K race, there will also be a 1-mile Fun Run which begins at 7:45am, as well as a Tot Trot that begins at 8am, so the race will definitely be a family-friendly event.

Early race registration, which will run through August 8, is only \$20. Runners and walkers can register for the race at [www.active.com](http://www.active.com), or in person at Fleet Feet Sports Atlanta in Sandy Springs. When runners register at Fleet Feet Sports, they can receive their race number when they turn in their registration form. There will also be \$25 race day registration, which will start at 6:15am the morning of the race.

For more information, go to [www.dogdaysrun.com](http://www.dogdaysrun.com), or [www.eastcobbrotary.com](http://www.eastcobbrotary.com). ✕

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**EAST COBBER**

**NEXT ISSUE: SEPTEMBER • DEADLINE: AUGUST 15**  
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# JOIN THE FUN of the 6th annual

All runners receive a "Sweat-Tech" t-shirt



**log on for more information**

[www.dogdaysrun.com](http://www.dogdaysrun.com) or [www.eastcobbrotary.com](http://www.eastcobbrotary.com)

It's not too late to add your company to the 2011 Dog Days Run sponsor list.

## ALL NET PROCEEDS

benefit local and international service projects of the East Cobb Rotary Club

School Mates Literacy Project  
American Cancer Society Relay for Life  
Camp Kudzu for Juvenile Diabetes  
Camp Hope  
Boy Scouts of America

Canine Assistance  
The Center for Family Resources  
Brain Tumor Foundation  
WellStar Community Hospice  
Chattahoochee Technical College (scholarship)  
Rally Foundation

## Registration

**\$20 pre-registration**

**\$25 race day**

**\$25 "phantom" runner**

If you are unable to run, but want to support this event, please register as a "phantom" runner. A t-shirt will be mailed to you after the race.

## Start / Finish

WellStar Physicians' Group, 1010 Johnson Ferry Rd.

## General Parking

Johnson Ferry Baptist Church



## Convenient Registration

Register at : [www.active.com](http://www.active.com), in person at Fleet Feet, 224-B Johnson Ferry Rd., Atlanta, 30028 phone: 404.255.3338. Mail-in using the form below (entries must be received by August 7, 2010), race day registration opens at 6:30 a.m.

## Starting Times

**5K road race starts at 7:00 a.m.**

**1 mile Fun Run starts at 7:45 a.m.**

**"Tot Trot" starts at 8:00 a.m.**

**Awards at 9:00 a.m.**

## Contact Information:

**Des Yawn - 404/ 401-6502**

**Joe Murphey - 770/ 354-3365**

**more info at [www.eastcobbrotary.com](http://www.eastcobbrotary.com)**

send check & entries to: Rotary Club of East Cobb, PO Box 72081 Marietta, GA 30007-2081

Name (please print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City/ State/ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Gender *m f* Age as of Aug. 12, 2011 \_\_\_\_\_

e-mail (for reminders & updates) \_\_\_\_\_

Circle shirt size      small      medium      large      x-large

**Amount Enclosed**

*cash, check or money order must accompany all entries*

## Liability Waiver

In partial consideration of The Rotary Club of East Cobb accepting my entry as a participant in the Dog Days Run on August 13, 2011, the sufficiency of which is acknowledged by all parties, I am hereby waiving, or giving up, any right I may have to assert a claim, action, suit, seek damages, or otherwise be compensated in any manner for any cause of action, or injury, to me, or to any person or persons or property, or any demand whatsoever for any reason or cause arising from my affiliation with, or participation in, the Dog Days Run event.

I expressly understand that by participating in a running or walking event such as this could lead to short or long term injury or more serious consequences, and I affirmatively release from liability all persons, officers, directors, members, sponsors and affiliates of The Rotary Club of East Cobb for any such claim I might have, or could otherwise assert.

Participant Signature \_\_\_\_\_

Parent or Guardian Signature if I am not 18 years old \_\_\_\_\_

For Rotary Club Use Only



## Pet of the Month: McKinley

*Submitted by Kathy and Dale Harsh*

**Animal/Breed:** Bologno  
- Half Bichon/American  
Cocker Spaniel

**Age & Gender:** Two-  
year-old female.

**Favorite Food:** Little  
Bites Dog Food.

**Favorite Person:** Her  
Daddy.

**Best Trick:** Leave it.

**Turn Ons:** People

**Turn Offs:** When she  
knows we are leaving.

**Favorite Toy:** Unstuffed  
toy fox.

**Last seen:** Waiting for Daddy to come home.

**What makes your dog so special:** Her one blue eye,  
one brown eye.



## Should Your Pet Be Our Pet of the Month?

Fill out the information on your pet and send it to:  
EAST COBBER, P.O. Box 672121, Marietta, GA 30006-0036

*Please include a picture with your entry. Or email  
description and a jpg to: [petomonth@eastcobber.com](mailto:petomonth@eastcobber.com)*

Pet's Name: \_\_\_\_\_

Animal/Breed: \_\_\_\_\_

Age & Gender: \_\_\_\_\_

Favorite Food: \_\_\_\_\_

Favorite Person: \_\_\_\_\_

Best Trick: \_\_\_\_\_

Turn Ons: \_\_\_\_\_

Turn Offs: \_\_\_\_\_

Favorite Toy: \_\_\_\_\_

Last Seen: \_\_\_\_\_

What makes your dog so special: \_\_\_\_\_

Owner's Name: \_\_\_\_\_



**Cobb County  
Animal Control  
Adopt-a-Thons**



**Come Find a New Best Friend  
to Take Home!**

**August 6th • September 10th • October 8th**  
**10:00am - 4:00pm**

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**I ♥ East Cobb**

# Montrose Animal Hospital Welcomes New Owner, James Davis



▲ Dr. James Davis

when they are with us," says Dr. Davis. "Our staff will shower your pet with attention and are trained to handle any issues that might come up."

A graduate of Ross University School of Veterinary Medicine, Dr. Davis wants to bring a fresh perspective to care, and one of the ways he is doing this is by introducing new technology to the facility, including new ultrasound equipment and digital x-rays. He also will reinvest in his staff through formal education and other learning opportunities.

Three veterinarians and more than 30 staff members work at the facility, which offers full preventative care services for animals, as well as veterinary services like ultrasound, internal medicine, dermatology, orthopedics, acupuncture and laser surgery.

"Although we are equipped to handle any emergency, we really focus on preventative care here," says Dr. Davis. "Pets, in general, age seven times faster than people, and they need a thorough physical exam once a year. This exam can identify issues before they become serious health problems, like diabetes or arthritis."

Montrose also offers doggie day care and overnight boarding services for small animals. Trained counselors monitor the dogs in a group play area, designed to keep the animals safe and happy. They even provide a report card of the day's activities. Experienced groomers provide custom haircuts and bathing geared to a pet's skin and coat requirements. Pet owners also can go on vacation without worry because Montrose offers full onsite boarding for as long as they need it.

Montrose also offers the Dog Duchess Training Academy, where owners and their dogs work together on everything from basic manners to advanced training. If you have a new puppy or a dog who has problems with aggression, jumping, barking or a walking on a leash, these classes can be a rewarding experience for both you and your pet.

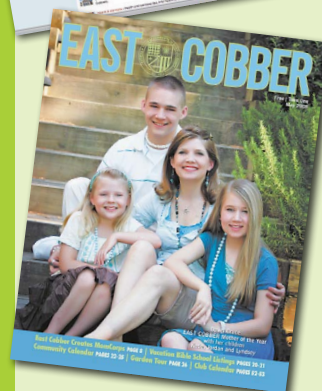
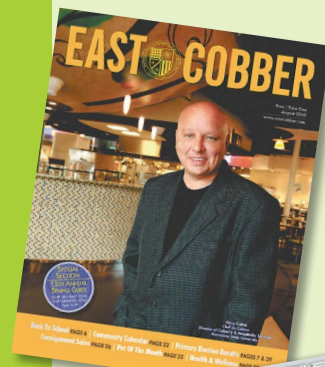
The adoption program is important to Dr. Davis, and he will continue supporting this cause. Each month a different dog or cat from a rescue organization visits the facility in hopes that they will be adopted into a loving home. The veterinarians house, vaccinate, and microchip each animal in order to get them ready for their forever home.

"I think every pet deserves to be safe, healthy and in a good home, and we will continue to do everything we can to help make that happen," says Dr. Davis.

Montrose Animal Hospital and Pet Hotel is located at 1028 Woodlawn Drive in Marietta, one block south of Johnson Ferry Road. For more information, visit [www.montroseanimalhospital.com](http://www.montroseanimalhospital.com) or call 770-977-9000.

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# EAST COBBER DINING GUIDE

EAST COBBER monthly is pleased to present its 14th annual "Dining Guide." This is East Cobb's only comprehensive guide to local restaurants. Every restaurant located in East Cobb County has been listed. The following pages are designed to help you find restaurants that fit your tastes and needs right here in your own backyard. With over 280+ restaurants right here in East Cobb, you won't have to travel far for good food and a great time. Bon Appetit!

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>7 STAR RESTAURANT</b> 3000 Windy Hill Road, Marietta 30067	770-690-0083	Chinese	110	●	●	●	●			\$
<b>AJ'S FAMOUS SEAFOOD AND POBOYS</b> 2100 Roswell Road, Marietta 30062	678-999-0767 www.ajsseafood.com	Cajun	45	●		●	●			\$
<b>ALL STAR SPORTS GRILL &amp; PIZZA</b> 2060 Lower Roswell Road, Marietta 30068*	770-977-2212	Pizza	120	●	●	●		●	●	\$
<b>AMERICAN DELI</b> 2100 Roswell Road, Marietta 30062	770-509-3800 www.iloveamericandeli.com	Deli/American	20	●			●			\$
<b>AMORE'S PIZZERIA &amp; CAFÉ</b> 4401 Shallowford Road, Roswell 30075	678-822-2222 www.amorespizzacafe.com	Italian	55	●	●	●	●			\$\$
<b>ARBY'S</b> 2626 Sandy Plains Road, Marietta 30066	770-973-0642 www.arbys.com	Fast Food	100	●			●			\$
<b>ARBY'S</b> 4367 Roswell Road, Marietta 30062	770-971-5048 www.arbys.com	Fast Food	106	●			●			\$
<b>ARBY'S</b> 2161 Roswell Road NE, Marietta 30062	770-565-928 www.arbys.com	Fast Food	100	●			●			\$
<b>ASIAN KITCHEN</b> 2060 Lower Roswell Road, Ste. 160, Marietta 30068	770-977-1688	Chinese	50	●	●	●	●			\$
<b>ASAHI JAPANESE STEAK &amp; SUSHI</b> 2960 Shallowford Road, Marietta 30066	678-560-0015 www.asahirestaurant.us	Japanese	110	●			●			\$\$\$
<b>ASPENS SIGNATURE STEAKS</b> 2942 Shallowford Road, Marietta 30066	678-236-1400 knowwheretogogh.com/aspens_east.html	Steakhouse	150	●			●	●		\$\$\$
<b>AURELIO'S, THE FAMILY PIZZERIA</b> 1255 Johnson Ferry Road, Marietta 30068	770-578-6606 aureliospizza.com	Pizza		●	●	●				\$
<b>BAGELICIOUS</b> 1255 Johnson Ferry Road, Marietta 30068	770-509-9505 www.bageliciousmarietta.com	Deli	80	●		●	●			\$
<b>BALDINO'S GIANT JERSEY SUBS</b> 80 Powers Ferry Road, Marietta 30067	770-321-1177 • www.baldinos.us or www.baldinosofatlanta.com	Sandwiches	80	●		●	●			\$
<b>BAMBOO CHINA THAI BISTRO</b> 4400 Roswell Road, Marietta 30062	770-509-2588 www.bamboochinabistro.com	Thai Chinese	120	●	●	●	●	●		\$\$
<b>BARISTAS</b> 4932 Lower Roswell Road, Marietta 30068	404-375-8043 www.mybaristas.com	Coffee Shop	0	●		●				\$
<b>BARKER'S RED HOTS</b> 3000 Windy Hill Road, Marietta 30067	770-272-0407 www.barkersredhots.com	American	50	●		●	●	●		\$
<b>BASIL'S WRAPS</b> 2800 Canton Road, Marietta 30066	770-514-9990 www.basilwraps.com	Mediterranean	35	●		●				\$
<b>BAY BREEZE SEAFOOD RESTAURANT</b> 2418 Canton Road, Marietta 30066	770-485-9916 www.baybreezemarietta.com	Seafood	300	●			●	●		\$\$
<b>BISCUITS &amp; MORE</b> 3162 Johnson Ferry Road, Marietta 30062	770-993-8453	American	70	●						\$
<b>BLIMPIE</b> 1809 Canton Highway, Marietta 30066	770-424-1124 www.blimpie.com	Sandwiches	37	●		●	●			\$
<b>BLIMPIE</b> 3605 Sandy Plains Road, Marietta 30066	770-973-4190 www.blimpie.com	Sandwiches	18	●		●	●			\$
<b>BLIMPIE</b> 1337 Powers Ferry Road, Marietta 30066	770-952-7028 www.blimpie.com	Sandwiches	40	●		●	●			\$
<b>BONEHEADS</b> 2022 Powers Ferry Road, Atlanta 30339	678-742-1000 www.eatboneheads.com	Seafood	98	●	●	●	●			\$\$
<b>BOSTON MARKET</b> 2014 Powers Ferry Road, Atlanta 30339	770-988-9020 www.bostonmarket.com	Fast Food	40	●	●	●	●			\$
<b>BOSTON MARKET</b> 3606 Sandy Plains Road, Marietta 30066	770-509-0009 www.bostonmarket.com	Fast Food	55	●	●	●	●			\$
<b>BRADLEY'S BAR AND GRILL</b> 4961 Lower Roswell Road, Marietta 30068	770-321-0108 www.bradleysbarandgrill.com	American	76	●		●			●	\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$





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# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>BRAZILIAN BAKERY CAFÉ</b> 1260 Powers Ferry Road, Marietta 30067	770-818-0088 www.brazilianbakerycafe.com	Brazilian	90	•		•	•	•		\$
<b>BREWSTERS NEIGHBORHOOD GRILLE</b> 3595 Canton Road, Marietta 30066	770-591-1291 www.brewstersgrille.net	American	20	•		•	•		•	\$
<b>BRUNSWICK ZONE XL</b> 775 Cobb Place Blvd., Kennesaw 30144	770-427-7679 www.bowlbrunswick.com	American	200				•	•	•	\$
<b>BRUSTER'S ICE CREAM</b> 2044 Lower Roswell Road, Marietta 30068	770-973-4666 www.brusters.com	Ice Cream	20	•		•	•			\$
<b>BRUSTER'S ICE CREAM</b> 3735 Trickum Road, Marietta 30066	770-516-7722 www.brusters.com	Ice Cream	20	•		•	•			\$
<b>BRUSTER'S ICE CREAM</b> 226 Johnson Ferry Road NW, Sandy Springs 30328	404-943-0206 www.brusters.com	Ice Cream /Hot Dogs	0	•	•	•	•			\$
<b>BRUSTER'S ICE CREAM &amp; NATHAN'S HOT DOGS</b> 4724 Lower Roswell Road, Marietta 30068	770-977-3299 www.brusters.com	Ice Cream /Hot Dogs	0	•	•	•	•			\$
<b>BUDDHA'S DELIGHT CHINESE &amp; THAI RESTAURANT</b> 2731-A Sandy Plains Road, Marietta 30066	770-565-1995 www.buddhadelightmarietta.com	Chinese/Thai	100	•	•		•			\$\$
<b>BURGER KING</b> 2716 Sandy Plains Road, Marietta 30066	770-977-4074 www.bk.com	Fast Food	75	•			•			\$
<b>CAFÉ LIFE AT LIFE GROCERY</b> 1453 Roswell Road, Marietta 30062	770-977-9583 www.lifegrocery.com	Vegetarian/Vegan	40	•		•				\$
<b>CAFFE FORTUNATO</b> 301 Village Parkway NE, Marietta 30067	770- 951-1394 - www.urbanspoon. com/n/9/830/Atlanta/Marietta-restaurants	Italian	12	•		•	•	•		\$\$\$
<b>CALIFORNIA PIZZA KITCHEN</b> 4250 Roswell Road, Marietta 30062	770-971-7950 www.cpk.com	Pizza	125	•		•	•			\$\$
<b>CAPOZZI'S NY DELI</b> 4283 Roswell Road, Marietta 30062	678-560-1717 www.capozzisnypizza.com	Deli	28	•	•	•	•			\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$

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# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>CAPOZZI'S PIZZA</b> 2960 Shallowford Road, Marietta 30066	770-321-1969 www.capozzisnypizza.com	Italian	45	●	●	●				\$\$
<b>CAPOZZI'S PIZZA</b> 4285 Roswell Road, Marietta 30062	770-321-5550 www.capozzisnypizza.com	Italian	50	●	●					\$\$
<b>CAPTAIN D'S SEAFOOD</b> 2811 Canton Road, Marietta 30066	770-422-1694 www.captains.com	Fast Food	60	●			●			\$
<b>CARIBOU COFFEE</b> 1275 Johnson Ferry Road, Marietta 30068	770-971-5010 www.cariboucoffee.com	Coffee Shop	30	●		●			●	\$
<b>CATERED TASTES</b> 2986 Johnson Ferry Road, Marietta 30062	770-650-8442	Cafe	0			●				\$
<b>CAZADORES MEXICAN RESTAURANT</b> 2731 Sandy Plains Road, Marietta 30066	770-578-0710 www.cazadoresrestaurant.com	Mexican	50	●			●	●		\$\$
<b>CAZADORES MEXICAN RESTAURANT</b> 3165 Johnson Ferry Road, Marietta 30062	770-641-8625 www.cazadoresrestaurant.com	Mexican	115	●			●	●		\$\$
<b>CHEPE'S MEXICAN GRILL</b> 3052 Shallowford Road, #104, Marietta 30062	770-971-1171 www.chepesmexicangrill.com	Mexican	150	●		●	●			\$
<b>CHEPE'S MEXICAN GRILL</b> 1205 Johnson Ferry Road, Marietta 30068	770-578-1578 www.chepesmexicangrill.com	Mexican	120	●		●	●			
<b>CHEROKEE CATTLE CO. RESTAURANT</b> 2710 Canton Road, Marietta 30066	770-427-0490 www.cherokeecattlecompany.com	Steakhouse	227	●		●	●	●		\$\$
<b>CHICAGO'S STEAK &amp; SEAFOOD</b> 4401 Shallowford Road, Roswell 30075	770-993-7464 www.chicagosrestaurant.com	American	150	●			●	●	●	\$\$\$
<b>CHICK-FIL-A - SPRAYBERRY SQUARE</b> 2530 Sandy Plains Road NE, Marietta 30066	770-977-2455 www.chick-fil-a.com	Fast Food	105	●		●	●			\$
<b>CHICK-FIL-A</b> 1201 Johnson Ferry Road, Marietta 30068	770-565-4653 www.chick-fil-a.com	Fast Food	115	●		●	●			\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$

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# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>CHICK-FIL-A</b> 2105 Roswell Road, Marietta 30062	770-977-3355 www.chick-fil-a.com	Fast Food	115	●		●	●			\$
<b>CHILI'S</b> 4111 Roswell Road, Marietta 30062	770-973-9419 www.chilis.com	Southwestern	260	●			●			\$\$
<b>CHIN CHIN</b> 617 Johnson Ferry Road, Marietta 30068	678-560-5550 www.eastcobbchinchin.com	Chinese	120	●	●	●	●			\$\$
<b>CHINA DOLL</b> 1230 Powers Ferry Road SE, Marietta 30067	770-955-6544 www.chinadollmarietta.com	Chinese	100	●	●	●	●	●		\$\$
<b>CHINA DYNASTY</b> 3605 Sandy Plains Road, Ste. 1, Marietta 30066	770-578-9668	Chinese	80	●	●	●	●			\$
<b>CHINA GREAT WALL</b> 1860 Sandy Plains Road, Marietta 30066	770-578-1488	Chinese	20	●	●		●			\$\$
<b>CHINA HOUSE</b> 1050 E. Piedmont Road, Marietta 30062	770-579-6623	Chinese	15	●	●					\$
<b>CHIPOTLE'S MEXICAN GRILL</b> 1281 Johnson Ferry Road, Ste. 104, Marietta 30068	678-279-1604 www.chipotle.com	Mexican		●			●			\$
<b>CHOCOLATE JEWELS</b> 3605 Sandy Plains Road, Ste. 320, Marietta 30066	770-509-1293 www.chocolatejewels.com	Gourmet Candies		●	●	●				\$
<b>CHRISTO'S PIZZA</b> 2900 Delk Road, Marietta 30067	770-952-1965 www.christospizza.net	Pizza/Greek	140	●	●	●	●			\$\$
<b>CHUCK E. CHEESE</b> 4340 Roswell Road, Marietta 30062	770-971-0002 www.chuckecheese.com	Pizza	80	●			●	●		\$\$
<b>CHURCHILL'S PUB</b> 1401 Johnson Ferry Road, Marietta 30062	770-565-2739 www.churchillspub.net	American	90	●		●	●	●	●	\$\$
<b>COLD STONE CREAMERY</b> 640 Johnson Ferry Road, Marietta 30068	678-236-2653 www.coldstonecreamery.com	Ice Cream	15	●			●		●	\$\$
<b>COPACABANA STEAKHOUSE</b> 2555 Delk Road, Marietta 30067	770-984-0057 www.copacabanasteakhouse.com	Brazilian Steakhouse	60	●						\$\$
<b>CUBAN DINER</b> 1484 Roswell Road, Marietta 30062	770-509-2576 www.mariettacubandiner.com	Cuban	56	●		●	●			\$
<b>CUE'S BILLIARDS</b> 3354 Canton Road, Marietta 30066	770-425-1101 www.cuesbilliards.com	American	200	●			●			\$
<b>CURRY CURRY THAI</b> 4724 Lower Roswell Road, Marietta 30068	678-560-7809 www.currycurrythai.com	Thai	38	●		●	●			\$
<b>DAIRY QUEEN</b> 1779 Canton Road, Marietta 30066	770-427-0036 www.dairyqueen.com	Fast Food	75	●			●			\$
<b>DELKWOOD GRILL</b> 2769 Delk Road, Marietta 30067	770-956-1313 www.delkwoodgrill.net	American	200	●		●	●	●	●	\$\$
<b>D'LITES EMPORIUM</b> 1100 Johnson Ferry Road, Marietta 30068	678-996-9966 www.dlitesofmarietta.com	Ice Cream	15	●		●	●			\$
<b>DOC GREEN'S GOURMET SALADS &amp; GRILL</b> 2022 Powers Ferry Road, Suite 130, Atlanta 30339	770-953-3473 www.docgreens.com	Salads /Sandwiches	80	●	●	●	●			\$
<b>DOMINO'S PIZZA</b> 2323 Shallowford Road, Marietta 30066	770-928-2299 www.dominos.com	Pizza	0	●	●					\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$



## READ MORE. EAT MORE.

Fill up on dining news, events and specials on [eastcobb.com](http://eastcobb.com)'s DINING blog.

Get more out of East Cobb: visit [eastcobb.com/dining](http://eastcobb.com/dining)

# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>DOMINO'S PIZZA</b> 3545 Canton Road, Marietta 30066	770-926-0080 www.dominos.com	Pizza	0	•	•					\$
<b>DOMINO'S PIZZA</b> 1230 Powers Ferry Road, Marietta 30067	770-955-5585 www.dominos.com	Pizza	0	•	•					\$
<b>DOMINO'S PIZZA</b> 3162 Johnson Ferry Road, Marietta 30062	770-641-7020 www.dominos.com	Pizza	0	•	•					\$
<b>DUNKIN' DONUTS</b> 611 Johnson Ferry Road, Marietta 30068	770-971-1710 www.dunkindonuts.com	Donuts	25	•						\$
<b>DUNKIN' DONUTS/BASKIN ROBBINS</b> 2765 Sandy Plains Road, Marietta 30066	770-977-2722 www.dunkindonuts.com	Donuts/Ice Cream	20	•						\$
<b>DUNKIN' DONUTS/BASKIN ROBBINS</b> 2885 Canton Highway, Marietta 30066	770-422-3375 www.dunkindonuts.com	Donuts/Ice Cream	16	•						\$
<b>DUNKIN DONUTS</b> 980 E. Piedmont Road, Marietta 30062	770-971-8360 www.dunkindonuts.com	Donuts/Ice Cream	40	•						\$
<b>DUNKIN DONUTS</b> 2022 Powers Ferry Road, Atlanta 30339	770-859-2954 www.dunkindonuts.com	Donuts/Ice Cream	0	•						\$
<b>EDIBLE ARRANGEMENTS</b> 4880 Lower Roswell Road, Marietta 30068	770-579-7081 www.ediblearrangements.com	Fresh Fruits	0		•					\$\$
<b>EGE SUSHI &amp; JAPANESE CUISINE</b> 2100 Roswell Road, Marietta 30062	770-977-7690	Japanese	32	•						\$\$
<b>EINSTEIN BROS. BAGELS</b> 2014 Powers Ferry Road, Atlanta 30339	770-612-8009 www.einsteinbros.com	Deli	68	•	•	•				\$\$
<b>EINSTEIN BROS. BAGELS</b> 2960 Shallowford Road, Marietta 30066	770-321-0299 www.einsteinbros.com	Deli	40	•		•	•			\$\$
<b>EINSTEIN BROS. BAGELS</b> 1275 Johnson Ferry Road, Marietta 30068	770-321-6060 www.einsteinbros.com	Deli	50	•		•	•			\$\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$

## NIBBLE & NOSH FEST

A Taste of Jewish Food and Fun...

All foods will be sold in "sample-sized" portions and priced from \$1.00-\$4.00  
Foods include felafel, kugel, brisket, Nathan's hot dogs, beer, desserts and much more!

**Sunday, Sep 4 11am-7pm    Monday, Sep 5 11am-4pm**  
Musical Entertainment - Craft Vendors - Children's Activities - Synagogue Tours

At the Temple Kol Emeth parking lot  
1415 Old Canton Rd., Marietta, 30062  
**For more info, visit us at [www.noshfest.com](http://www.noshfest.com)**

Noshfest Comedy Night  
Presents...

*Keith Barany*

Comedy writer of:

Seinfeld  
Politically Incorrect  
The Jimmy Kimmel Show

Sunday, Sep 4 - 7:30 pm

To purchase tickets - <http://baranyattkenoshfest.eventbrite.com/>

# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>EL RODEO MEXICAN RESTAURANT</b> 2719 Canton Road, Marietta 30066	770-429-1072 www.elrodeomexicanrestaurant.com	Mexican	125	●		●	●	●		\$\$
<b>EMPRESS OF CHINA II</b> 1255 Johnson Ferry Road, Marietta 30068	770-977-9798 www.empressateastcobb.com	Chinese	281	●		●		●		\$\$
<b>EUROPEAN DELI</b> 3101 Roswell Road, Ste. 112, Marietta 30062	770-693-9409 www.europeandeli.org	European	14	●		●				\$
<b>FIREHOUSE SUBS</b> 1100 Johnson Ferry Road, Marietta 30068	770-565-5952 www.firehousesubs.com	Subs	52	●		●	●			\$\$
<b>FIVE GUYS BURGERS &amp; FRIES</b> 4648 Woodstock Road, Roswell 30075	770-643-3783 www.fiveguys.com	Fast Food	100	●						\$\$
<b>FOLKS SOUTHERN KITCHEN</b> 825 Sandy Plains Road, Marietta 30066	770-425-2322 www.folkskitchen.com	Southern	174	●	●	●	●			\$\$
<b>FRANKIE'S ITALIAN RESTAURANT</b> 3085 Canton Road, Marietta 30066	770-419-8931 www.frankiesitalian.net	Italian	100	●		●	●			\$\$
<b>FRANKIE'S ITALIAN RESTAURANT</b> 3125 Roswell Road, Marietta 30062	770-578-6608 www.frankiesitalian.net	Italian	140	●	●	●	●	●		\$\$
<b>FRONTERA MEX-MEX GRILL</b> 1808 Powers Ferry Road, Marietta 30067	770-953-0121 www.myfrontera.com	Mexican	120			●	●		●	\$\$
<b>FUDDRUCKERS</b> 3000 Windy Hill Road, Marietta 30067	770-980-9863 www.fuddruckers.com	Hamburgers	236	●		●	●	●		\$\$
<b>FUJI HANA</b> 1255 Johnson Ferry Road, Marietta 30068	678-560-8071 www.fujihanaeastcobb.com	Japanese	150	●			●	●		\$\$
<b>FUJI HANA</b> 3162 Johnson Ferry Road, Marietta 30062	770-992-7474 www.fujihana-shallowford.com	Japanese	120	●			●			\$\$
<b>GAME DAY SPORTS BAR &amp; GRILL</b> 1050 E. Piedmont Road, Marietta 30062	770-971-7881 www.gamedayatlanta.com	Sports Bar	150							
<b>G'ANGELO'S PIZZA</b> 3205 Canton Road, Marietta 30066	770-424-1800 www.gangelospizza.com	Italian	12	●	●	●				\$
<b>GIGA-BITES CAFÉ</b> 2145 Roswell Rd., Marietta 30062	770-578-1497 www.giga-bitescafe.com	Café	10		●		●			\$
<b>GIGI'S CUPCAKES</b> 1281 Johnson Ferry Road, Suite 116, Marietta 30068	770-578-2582 www.gigiscupcakesUSA.com/MariettaGA	Cupcakes	21	●		●				\$
<b>GOLDBERG'S BAGEL COMPAY &amp; DELI</b> 1062 Johnson Ferry Road, Marietta 30068	770-578-3771 www.goldbergsdeli.net	Deli	100	●		●	●			\$
<b>GREAT WALL</b> 1275 Powers Ferry Road, Marietta 30067	770-953-6392 www.greatwallmarietta.com	Chinese	230	●	●	●	●			\$\$
<b>GREEN TOMATO BUFFET</b> 1275 Powers Ferry Road, Marietta 30067	770-618-8451	Southern	116	●						\$
<b>HEYWOOD'S MEAT HAUS</b> 2145 Roswell Road, Ste. 140, Marietta 30062	404-410-7997 www.heywoodsmeat.com	Butcher Shop	0	●		●				NA
<b>HOBOKEN BREAD &amp; BAGEL CO.</b> 1033 Sandy Plains Road, Marietta 30066	770-419-8292 www.hobokenbreadandbagel.com	Sandwiches	25	●		●	●			\$
<b>HONG KONG STAR CHINESE CUISINE</b> 4719 Lower Roswell Road, #110, Marietta 30068	678-398-9698	Chinese	110	●	●	●	●			\$
<b>HONEYBAKED HAM</b> 4101 Roswell Road, Marietta 30062	770-578-8008 www.honeybaked.com	Sandwiches	45	●	●	●	●			\$
<b>HOULIHAN'S</b> 1401 Johnson Ferry Road, Marietta 30062	770-977-9324 www.houlihans.com	American	289	●			●			\$\$
<b>HOUSE OF MING</b> 3101 Roswell Road, Marietta 30062	770-977-7538	Chinese	86	●		●				\$\$
<b>HOUSTON'S RESTAURANT</b> 3050 Windy Hill Road, Marietta 30067	770-563-1180 www.hillstone.com	American	240	●			●			\$\$
<b>IHOP</b> 3130 Johnson Ferry Road, Marietta 30062	770-640-1731 www.ihop.com	American	190	●		●	●			\$
<b>J. CHRISTOPHER'S</b> 1205 Johnson Ferry Road, Marietta 30068	770-579-6800 www.jchristophers.com	Breakfast & Brunch	173	●		●	●	●		\$
<b>J. CHRISTOPHER'S</b> 1275 Powers Ferry Road, Marietta 30067	770-953-0002 www.jchristophers.com	Breakfast & Brunch	133	●		●	●			\$
<b>JERSEY MIKE'S</b> 2014 Powers Ferry Road, Atlanta 30339	678-279-9990 www.jerseymikes.com	Sandwiches	25	●		●	●			\$

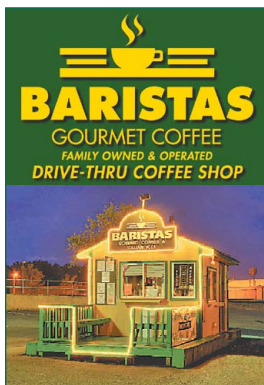
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# EAST COBBER DINING GUIDE

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<b>JERSEY MIKE'S</b> 2960 Shallowford Road, Marietta 30066	770-578-3973 www.jerseymikes.com	Sandwiches	25	●		●				\$
<b>JET'S PIZZA</b> 4401 Shallowford Road, Ste. 102, Roswell 30075	770-649-9950 www.jetspizza.com	Pizza	0	●	●	●				\$
<b>JIMMY MAC'S</b> 2940 Johnson Ferry Road, Marietta 30062	678-352-9595 www.jimmymacs.net	American	225	●					●	\$
<b>JIMMY MAC'S PUB</b> 3205 Canton Road, Marietta 30066	770-794-9700	American	148	●					●	\$
<b>JOHN BOY'S HOME COOKINNG</b> 3050 Canton Road, Marietta 30066	770-422-6747	American	150	●		●				\$
<b>JOHNNY'S NEW YORK STYLE PIZZA</b> 4880 Lower Roswell Road, Marietta 30068	678-560-2228 www.jnysp.com	Pizza	150	●	●	●	●			\$
<b>JOHNNY'S NEW YORK STYLE PIZZA &amp; SUBs</b> 2970 Canton Road, Marietta 30066	678-797-0505 www.johnnypizza.com	Pizza	77	●		●				\$
<b>JUDY'S COUNTRY KITCHEN</b> 2745 Sandy Plains Road, Marietta 30066	678-388-8680	Southern Cooking	150	●						\$
<b>KENTUCKY FRIED CHICKEN</b> 2220 Roswell Road, Marietta 30062	770-971-3374 www.kfc.com	Fast Food	30	●			●			\$
<b>KENTUCKY FRIED CHICKEN</b> 3012 Canton Road, Marietta 30066	770-427-6866 www.kfc.com	Fast Food	40	●			●			\$
<b>KRYSTAL</b> 2929 Canton Road, Marietta 30066	770-424-7908 www.krystal.com	Fast Food	140	●			●			\$
<b>LA MADELEINE</b> 4101 Roswell Road, Marietta 30062	770-579-3040 www.lamadeleine.com	French	200	●		●	●			\$\$
<b>LA STRADA</b> 2930 Johnson Ferry Road, Marietta 30062	770-640-7008 www.lastradainc.com	Italian	85	●		●	●	●		\$\$
<b>LABELLA'S PIZZERIA</b> 2635 Sandy Plains Road, Marietta 30066	770-973-0052 www.labellaspizzeria.com	Pizza	20	●		●				\$
<b>LAREDOS MEXICAN BAR &amp; GRILL</b> 1860 Sandy Plains Road, Marietta 30066	678-453-3663 www.laredosmexicangrill.com	Mexican	160	●		●	●	●		\$
<b>LEE'S GOLDEN BUDDHA</b> 2524 Cobb Parkway, Smyrna 30080	770-980-1800 leesgoldenbuddha7.com	Chinese	80	●	●	●	●	●		\$
<b>LEMON GRASS</b> 2145 Roswell Road, Marietta 30062	770-973-7478 www.lemongrassmarietta.com	Thai	290	●						\$\$
<b>LITTLE CAESARS</b> 2200 Roswell Road, Marietta 30062	770-971-5210 www.littlecaesars.com	Pizza	0	●						\$
<b>LITTLE CAESAR'S</b> 2520 Shallowford Road, Ste. A, Marietta 30066	770-591-3319 www.littlecaesars.com	Pizza	0	●						\$
<b>LONGHORN STEAKHOUSE</b> 4721 Lower Roswell Road, Marietta 30068	770-977-3045 www.longhornsteakhouse.com	Steakhouse	200	●			●			\$\$
<b>LOS ARCOS MEXICAN CANTINA</b> 3101 Roswell Road, Marietta 30062	678-560-8222	Mexican	120	●		●	●	●	●	\$
<b>LOS BRAVOS</b> 1360 Powers Ferry Road, Marietta 30067	770-916-1776	Mexican	150	●		●	●	●	●	\$\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$



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# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>LOS BRAVOS</b> 2125 Roswell Road, Marietta 30062	770-565-8919 www.losbravos.net	Mexican	110	●		●	●		●	\$\$
<b>LUCIA'S RESTAURANT</b> 4705 Woodstock Road, Roswell 30075	678-646-1000 www.lucias.org	Italian	102	●		●	●			\$\$
<b>MAGIC WOK</b> 4401 Shallowford Road, Roswell 30075	770-992-0404 www.ecobbmagicwok.com	Chinese	50	●						\$
<b>MARIETTA FISH MARKET</b> 3185 Canton Road, Marietta 30066	770-218-3474 www.mariettafishmarket.net	Seafood	500	●		●	●	●		\$\$
<b>MARLOW'S TAVERN</b> 1311 Johnson Ferry Road, Ste. 208, Marietta 30068	770-977-7747 www.marlowstavern.com	American	285	●		●	●		●	\$\$
<b>MAZZY'S SPORTS BAR &amp; GRILL</b> 2217 Roswell Road, Marietta 30062	678-213-1688 www.mazzys.com	American	330	●		●		●		\$\$
<b>MCDONALD'S</b> 1305 Powers Ferry Road, Marietta 30067	770-951-2383 www.mcdonalds.com	Fast Food	60	●			●			\$
<b>MCDONALD'S</b> 1495 Roswell Road, Marietta 30062	770-973-5752 www.mcdonalds.com	Fast Food	80	●			●			\$
<b>MCDONALD'S</b> 2782 Sandy Plains Road, Marietta 30066	770-977-2469 www.mcdonalds.com	Fast Food	75	●			●			\$
<b>MCDONALD'S</b> 3010 Canton Road, Marietta 30066	770-428-1982 www.mcdonalds.com	Fast Food	70	●			●			\$
<b>MCDONALD'S</b> 3011 Johnson Ferry Road, Marietta 30062	770-998-3774 www.mcdonalds.com	Fast Food	139	●			●			\$
<b>MCDONALD'S</b> 3101 Roswell Road, Marietta 30062	770-565-8663 www.mcdonalds.com	Fast Food	85	●			●			\$
<b>MCDONALD'S</b> 4819 Lower Roswell Road, Marietta 30068	770-973-1125 www.mcdonalds.com	Fast Food	125	●			●			\$
<b>MEDITERRANEAN GRILL</b> 1255 Johnson Ferry Road, Marietta 30068	678-996-0045 www.mediterraneangrill.com	Mediterranean	26	●	●	●	●			\$
<b>MELLOW MUSHROOM</b> 2421 Shallowford Road, Marietta 30066	770-516-1500 www.mellowmushroom.com	Pizza	60	●			●			\$
<b>MELLOW MUSHROOM</b> 2000 Powers Ferry Road, Marietta 30067	770-933-8584 www.mellowmushroom.com	Pizza	190	●				●	●	\$
<b>MELLOW MUSHROOM</b> 736 Johnson Ferry Road, Marietta 30068	770-579-3500 www.mellowmushroom.com	Pizza	100	●		●				\$
<b>MELODY LANE MEDITERRANEAN &amp; AMERICAN CUISINE</b> 3920 Canton Road, Marietta 30066	770-516-4181 www.eatatmelodylanemed.com	Mediterranean	60	●		●	●			\$
<b>MENCHIE'S FROZEN YOGURT</b> 2960 Shallowford Road, #112, Marietta 30066	770-971-6601 www.menchies.com	Frozen Yogurt	33	●		●				\$
<b>MENCHIE'S FROZEN YOGURT</b> 4475 Roswell Road, Ste. #205, Marietta 30062	770-973-9009 www.menchies.com	Frozen Yogurt	65	●		●		●		\$
<b>MINGLE'S INTERNATIONAL CAFÉ</b> 2100 Roswell Road, Ste. 2198, Marietta 30062	770-977-7878 www.minglesinternationalcafe.com	Jamaican	48	●	●	●	●			\$\$
<b>MIRAGE PERSIAN CUISINE</b> 6631-B Roswell Road, Sandy Springs 30328	404-843-8300 www.miragepersiancuisine.com	Persian/Middle Eastern	80	●		●		●		\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$



**Buy 2 hot dogs  
get one free!**

**\$.50 off any  
frozen treat!**

**\$1.00 off pie  
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www.Brusters.com/EastCobb

**BRUSTER'S**  
226 Johnson Ferry Rd. NW  
Sandy Springs, GA 30328  
404-943-0206  
www.Brusters.com/SandySprings

**BrustersCaters@gmail.com**



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# EAST COBBER DINING GUIDE

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[mariettaGA@gigiscupcakesusa.com](mailto:mariettaGA@gigiscupcakesusa.com)

[www.GigisCupcakesUSA.com/MariettaGA](http://www.GigisCupcakesUSA.com/MariettaGA)

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**EAST COBBER**



# EAST COBBER DINING GUIDE

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<b>MIRKO PASTA</b> 1281 Johnson Ferry Road, Marietta 30068	770-977-3030 www.mirkopasta.com	Italian	103	•		•	•			\$
<b>MOE'S SOUTHWEST GRILL</b> 2022 Powers Ferry Road, Atlanta 30339	770-956-0018 www.moescaters.com	Southwestern	105	•		•	•			\$
<b>MOE'S SOUTHWEST GRILL</b> 4401 Shallowford Road, Roswell 30075	770-645-5535 www.moescaters.com	Southwestern	80	•		•	•			\$
<b>MOE'S SOUTHWEST GRILL</b> 688 Johnson Ferry Road, Marietta 30068	678-560-4666 www.moescaters.com	Southwestern	105	•		•	•			\$
<b>MONTANA'S BAR AND GRILL</b> 2995 Johnson Ferry Road, Marietta 30062	770-998-1314 www.montanabarandgrill.com	American	177	•				•	•	\$
<b>MR. WONTON CHINESE RESTAURANT</b> 3595 Canton Road, Marietta 30066	770-591-4288	Chinese	0	•						\$
<b>MY FRIEND'S PLACE</b> 1205 Johnson Ferry Road, Marietta 30068	770-971-0124 www.myfriendsplacedit.com	Deli	40	•	•	•	•			\$
<b>MY FRIEND'S PLACE</b> 3000 Windy Hill Road, Marietta 30067	770-956-7545 www.myfriendsplacedit.com	Deli	50	•	•	•	•			\$
<b>NEW CHINA BUFFET</b> 1355 Roswell Road, Marietta 30062	770-321-6588	Chinese	500	•			•			\$\$
<b>NEW LUCKY CHINA CHINESE RESTAURANT</b> 2960 Shallowford Road, Marietta 30066	770-565-9666 www.newluckychina.com	Chinese	80	•		•				\$\$
<b>NICKY'S DINER</b> 4751 Sandy Plains Road, Roswell 30075	770-649-1906 www.nickys-diner.com	Classic Diner	100	•			•			\$\$
<b>O'CHARLEY'S</b> 3550 Sandy Plains Road, Marietta 30066	770-579-2690 www.ocharleys.com	American	206	•			•			\$\$
<b>O'SHAUGHNESSY'S</b> 4401 Shallowford Road, Roswell 30075	770-998-7681 www.oshags.com	American	123	•			•			\$\$

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# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>PANDA EXPRESS</b> 4275 Roswell Road, Marietta 30062	770-509-6708 www.pandaexpress.com	Fast Food	100	●		●	●			\$
<b>PANERA BREAD</b> 2100 Roswell Road, Marietta 30062	770-565-5570 www.panerabread.com	Sandwiches	35	●		●	●			\$
<b>PANERA BREAD</b> 4475 Roswell Road, Marietta 30062	770-565-5338 www.panerabread.com	Sandwiches	190	●		●	●			\$
<b>PAPA JOHN'S PIZZA</b> 1325 Powers Ferry Road, Marietta 30067	770-984-8282 www.papajohns.com	Pizza	0	●	●	●				\$
<b>PAPA JOHN'S PIZZA</b> 3154 Johnson Ferry Road, Marietta 30062	770-587-9072 www.papajohns.com	Pizza	8	●	●	●				\$
<b>PAPA JOHN'S PIZZA</b> 4811 Lower Roswell Road, Marietta 30068	770-971-4111 www.papajohns.com	Pizza	0	●	●	●				\$
<b>PAPA JOHN'S</b> 1860 Sandy Plains Road, Marietta 30062	770-565-3599 www.papajohns.com	Pizza	4	●	●	●				\$
<b>PAPER MILL GRILL</b> 305 Village Place, Marietta 30067	678-766-1500 www.papermillgrill.com	American	150	●			●	●	●	\$\$
<b>PAPPADEAUX SEAFOOD KITCHEN</b> 2830 Windy Hill Road, Marietta 30067	770-984-8899 www.pappadeaux.com	Cajun	350	●			●	●		\$\$
<b>PAPPASITO'S CANTINA</b> 2788 Windy Hill Road, Marietta 30067	770-541-6100 www.pappasitos.com	Tex-Mex	428	●			●	●	●	\$\$
<b>PARADISE GRILLE</b> 3605 Sandy Plains Road, Marietta 30066	770-579-6226 www.paradise-grille.com	American	100	●	●	●	●	●	●	\$\$
<b>PARADISE SOUTH OF THE BORDER</b> 3605 Sandy Plains Road, Marietta 30066	770-579-6226 www.paradise-grille.com	Mexican	100	●	●	●	●	●	●	\$\$
<b>PIZZA HUT</b> 1100 Johnson Ferry Road, Marietta 30068	770-977-3200 www.pizzahut.com	Pizza	0	●	●	●	●			\$
<b>PIZZA HUT</b> 1386 Roswell Road, Marietta 30062	770-509-5858 www.pizzahut.com	Pizza	0	●	●	●	●			\$
<b>PIZZA HUT</b> 1480 E. Terrell Mill Road, Marietta 30067	770-953-8900 www.pizzahut.com	Pizza	0	●	●	●	●			\$
<b>PIZZA HUT</b> 2565 E. Piedmont Road, Marietta 30062	770-578-4200 www.pizzahut.com	Pizza	50	●	●	●	●			\$
<b>PIZZAMAN EXPRESS</b> 2986 Johnson Ferry Road, Marietta 30062	770-642-0777 www.pizzamanexpress.com	Pizza	0	●	●					\$
<b>PLANET SMOOTHIE</b> 2014 Powers Ferry Road, Marietta 30339	770-859-0080 www.planetsmoothie.com	Smoothies	0	●						\$
<b>PLAYERS SPORTS BAR &amp; CAFÉ</b> 3101 Canton Road, Marietta 30066	770-423-7552	American	160	●						\$\$
<b>PRESTO RESTAURANT</b> 1157 Roswell Road, Marietta 30062	770-973-1280 www.prestorestaurant.com	Latin American	75	●	●	●	●			\$\$
<b>QUIZNO'S SUB SHOP</b> 2595 Sandy Plains Road, Marietta 30066	770-973-4979 www.quiznos.com	Sandwiches	45	●		●	●			\$
<b>RED ELEPHANT THAI CUISINE</b> 3000 Windy Hill Road, #A-1, Marietta 30067	770-980-1890 www.thairedelephant.com	Thai/Chinese	50	●	●					\$
<b>RED SKY TAPAS AND BAR</b> 1255 Johnson Ferry Road, Marietta 30068	770-973-0100 www.redskytapas.com	Tapas	200	●		●		●	●	\$\$
<b>RIB RANCH</b> 2063 Canton Road, Marietta 30066	770-422-7746 www.theribranch.com	BBQ	235	●		●	●	●		\$\$
<b>RYAN'S ICE CREAM</b> 2550 Sandy Plains Road, Marietta 30066	770-694-6029 www.ryansice.com	Ice Cream	25	●			●			\$
<b>RYAN'S ICE CREAM</b> 2986 Johnson Ferry Road, Marietta 30062	678-401-8629 www.ryansice.com	Ice Cream	15	●			●			\$
<b>RYAN'S</b> 4719 Lower Roswell Road, Marietta 30068	770-973-1230 www.ryansrestaurant.net	American	150	●		●	●	●		\$\$
<b>ROBEKS</b> 4244 Roswell Road, Marietta 30062	770-565-1932 www.robeks.com	Smoothies	12	●			●			\$
<b>ROCCO'S PUB</b> 1477 Roswell Road, Marietta 30062	770-971-8806 www.roccoschili.com	American	95	●			●		●	\$
<b>ROSA'S PIZZA</b> 3605 Sandy Plains Road, Marietta 30066	770-321-7855 www.rosaspizza.net	Italian	86	●		●	●			\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$

# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>ROSE &amp; CROWN TAVERN</b> 1931 Powers Ferry Road, Atlanta 30339	770-933-5595 www.roseandcrowntavern.com	American/English	165	●		●	●	●	●	\$
<b>SABOR DO BRASIL</b> 2800 Delk Road, Marietta 30067	770-541-2625	Brazilian Buffet	50	●		●	●			\$
<b>SAKURA STEAKHOUSE</b> 4880 Lower Roswell Road, Marietta 30068	770-565-6369 www.sakurasushi.org	Japanese	49	●			●	●		\$\$
<b>SAL GROSSO</b> 1927 Powers Ferry Road, Atlanta 30339	770-850-1540 www.salgrosso.com	Brazilian Steakhouse	175	●		●	●	●	●	\$\$\$
<b>SAM'S BBQ-1</b> 4494 Lower Roswell Road, Marietta 30068	770-977-3005 www.bbq1.net	BBQ	15	●		●	●			\$
<b>SAPORITO'S</b> 2201 Roswell Road, Marietta 30062	770-509-7794 www.saporitosga.com	Pizza	40	●	●					\$
<b>SEED KITCHEN &amp; BAR</b> 1311 Johnson Ferry Road #504 Marietta 30068	www.eatatseed.com OPENING September 1	Modern American	115				●			\$\$
<b>SCHLOTZSKY'S</b> 3000 Windy Hill Road, Marietta 30067	770-953-8400 www.schlotzskys.com	Sandwiches	50	●	●	●	●			\$
<b>SIDELINES SPORTS BAR &amp; GRILL</b> 1440 Roswell Road, Marietta 30062	770-509-3320 www.sidelinesmarietta.com	American	200					●	●	\$\$
<b>SMOOTHIE KING</b> 1271 Johnson Ferry Road, Marietta 30068	770-973-0001 www.smoothieking.com	Smoothies	8	●		●	●			\$
<b>SMOOTHIE KING</b> 2022 Powers Ferry Road, Atlanta 30339	770-612-2919 www.smoothieking.com	Smoothies	0	●						\$
<b>SMOOTHIE KING</b> 2525 Shallowford Road, Marietta 30066	678-445-1287 www.smoothieking.com	Smoothies	20	●			●			\$
<b>SOBA BISTRO &amp; BAR</b> 1060 E. Piedmont Road, Marietta 30062	770-971-1888 www.sobabistro.com	Asian Fusion /Sushi	136	●		●	●	●		\$\$
<b>STADIUM BAR AND GRILL</b> 2550 Sandy Plains Road, Marietta 30066	770-509-2899 www.stadiumbarandgrill.net	American	190	●			●	●	●	\$
<b>STARBUCKS COFFEE - SANDY PLAINS PUBLIX STORE</b> 3605 Sandy Plains Road, Marietta 30066	770-565-0608 www.starbucks.com	Coffee Shop	18	●						\$
<b>STARBUCKS COFFEE</b> 1207 Johnson Ferry Road, Marietta 30068	770-578-8009 www.starbucks.com	Coffee Shop	20	●						\$
<b>STARBUCKS COFFEE</b> 31 Johnson Ferry Road, Marietta 30067	770-226-0087 www.starbucks.com	Coffee Shop	25	●						\$
<b>SUBURBAN TAP</b> 1318 Johnson Ferry Road, Marietta 30068	770-977-4467 www.suburbantap.com	American	200	●		●	●		●	\$\$
<b>SUBWAY</b> 1295 Powers Ferry Road, Marietta 30067	770-956-9509 www.subway.com	Sandwiches	0	●		●	●			\$
<b>SUBWAY</b> 2044 Lower Roswell Road, Marietta 30068	678-560-3332 www.subway.com	Sandwiches	26	●		●	●			\$
<b>SUBWAY</b> 2200 Roswell Road, Marietta 30062	770-578-1818 www.subway.com	Sandwiches	42	●		●	●			\$
<b>SUBWAY</b> 2520 E. Piedmont Road, Marietta 30062	770-977-6801 www.subway.com	Sandwiches	30	●		●	●			\$
<b>SUBWAY</b> 2525 Shallowford Road, Marietta 30066	770-592-4188 www.subway.com	Sandwiches	46	●		●	●			\$
<b>SUBWAY</b> 2610 Delk Road, Marietta 30067	770-953-2965 www.subway.com	Sandwiches	20	●		●	●			\$
<b>SUBWAY</b> 2872 Canton Road, Marietta 30066	770-421-9441 www.subway.com	Sandwiches	56	●		●	●			\$
<b>SUBWAY</b> 3000 Windy Hill Road, Marietta 30067	770-952-2454 www.subway.com	Sandwiches	20	●		●	●			\$
<b>SUBWAY</b> 3165 Johnson Ferry Road, Marietta 30062	770-993-5208 www.subway.com	Sandwiches	25	●		●	●			\$
<b>SUBWAY</b> 4101 Roswell Road, Marietta 30062	770-578-4457 www.subway.com	Sandwiches	32	●		●	●			\$
<b>SUBWAY</b> 4880 Lower Roswell Road, Marietta 30067	770-971-4182 www.subway.com	Sandwiches	30	●		●	●			\$
<b>SWEET PEA'S CAFÉ &amp; DELI</b> 1516 Roswell Road, Marietta 30062	678-557-1674 www.sweetpeascafedeli.com	Deli/Sandwiches	20	●		●				\$

Based on a typical dinner for two: Inexpensive: Under \$25 = \$ • Moderate: \$26-\$45 = \$\$ • High Moderate: \$46-\$70 = \$\$\$



# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>TACO BELL</b> 2169 Roswell Road, Marietta 30062	770-565-2051 www.tacobell.com	Fast Food	60	•			•			\$
<b>TACO BELL</b> 2943 Canton Road, Marietta 30066	770-792-4444 www.tacobell.com	Fast Food	62	•			•			\$
<b>TACO BELL</b> 2971 Shallowford Road, Marietta 30066	770-578-9432 www.tacobell.com	Fast Food	70	•			•			\$
<b>TACO BELL</b> 4880 Lower Roswell Road, Marietta 30068	770-578-6379 www.tacobell.com	Fast Food	99	•			•			\$
<b>TACO LOCO</b> 3545 Canton Road, Marietta 30066	770-928-8060	Mexican	30	•			•			\$
<b>TANDOOR RESTAURANT</b> 279 Powers Ferry Road SE, Ste. F, Marietta 30067	678-560-2038	Indian/Pakistani	32	•		•				\$\$
<b>TASSA ROTI SHOP</b> 224 Powers Ferry Road, Marietta 30067	770-977-3163 www.tassarotishop.com	Caribbean	50	•		•				\$
<b>TCBY</b> 4305 Roswell Road, Marietta 30062	770-977-4506 www.tcbby.com	Frozen Yogurt	32	•			•			\$
<b>TED'S MONTANA GRILL</b> 640 Johnson Ferry Road, Marietta 30068	770-578-8017 www.tedsmontanagrill.com	Steakhouse	149	•			•			\$\$
<b>THE CAFÉ PARIS</b> 1100 Johnson Ferry Road, Marietta 30068	770-578-8337 www.thecafeparis.net	Café	75	•				•		\$
<b>THE PLACE BAR AND GRILL</b> 700 Sandy Plains Road, Marietta 30066	770-427-9060 www.theplacebarandgrill.com	American	200	•		•			•	\$\$

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# HOLY SMOKE

## BBQ AND MUSIC FESTIVAL

- Live music all day
- Children's activities:
  - Blow-up games
  - Bouncies
  - Face painting
  - Obstacle course
- Vendor street fair with snacks, food, crafts, etc.
- Auction of donated goods and services
- BBQ cooking contest
- Classic Car Show

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For advance meal tickets  
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for a day of...

# FUN

for the  
Whole Family!

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this year's  
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A Ministry of Johnson Ferry Baptist Church 770.794.2972

# EAST COBBER DINING GUIDE

RESTAURANT	PHONE/WEBSITE	CUISINE	SEATING CAPACITY	TAKEOUT	DELIVERY	CATERING	KIDS MENU	PARTY ROOM	LIVE MUSIC	PRICE
<b>THREE COLORS CHINESE CUISINE</b> 2060 Lower Roswell Road, Marietta 30068	770-977-1688 www.asiankitchenga.com	Chinese	40	●	●					\$\$
<b>TIJUANA JOE'S MEXICAN CANTINA</b> 690 Johnson Ferry Road, Marietta 30067	770-321-1233 www.tijuanajoes.com	Mexican	146	●		●	●	●		\$
<b>TOFU VILLAGE KOREAN BBQ RESTAURANT</b> 700 Sandy Plains Road, Marietta 30066	770-426-7757	Korean	60	●				●		\$\$
<b>TOKYO JAPANESE SEAFOOD STEAKHOUSE</b> 3920 Canton Road, Ste. 250, Marietta 30066	770-928-9386 www.japaneserestaurantmarietta.com	Steakhouse	80	●			●			\$\$
<b>UNCLE VITO'S NEW YORK PIZZA</b> 3000 Windy Hill Road, Marietta 30067	770-850-8486 www.unclevitosnypizza.com	Pizza	52	●	●	●	●			\$
<b>VATICA</b> 1475 Terrell Mill Road, Marietta 30067	770-955-3740 www.indiagourmet.com	Indian	86	●		●				\$
<b>WAFFLE HOUSE</b> 1811 Williams Drive, Marietta 30066	770-428-2234 www.wafflehouse.com	American	41	●			●			\$
<b>WAFFLE HOUSE</b> 2805 Delk Road SE, Marietta 30067	770-933-9349 www.wafflehouse.com	American	41	●			●			\$
<b>WAFFLE HOUSE</b> 550 Greenbriar Parkway, Marietta 30062	770-977-4516 www.wafflehouse.com	American	42	●			●			\$
<b>WAFFLE HOUSE</b> 621 Johnson Ferry Road, Marietta 30068	770-973-3426 www.wafflehouse.com	American	50	●			●			\$
<b>WENDY'S</b> 1043 Sandy Plains Road, Marietta 30066	770-424-2145 www.wendys.com	Fast Food	70	●		●	●			\$
<b>WENDY'S</b> 2961 Shallowford Road, Marietta 30062	770-973-1700 www.wendys.com	Fast Food	68	●		●	●			\$
<b>WENDY'S</b> 1123 Roswell Road, Marietta 30062	770-422-9661 www.wendys.com	Fast Food	65	●		●	●			\$
<b>WENDY'S</b> 1312 Johnson Ferry Road, Marietta 30068	770-565-7150 www.wendys.com	Fast Food	122	●		●	●			\$
<b>WENDY'S</b> 2238 Roswell Road, Marietta 30062	770-977-4033 www.wendys.com	Fast Food	85	●		●	●			\$
<b>WENDY'S</b> 3035 Canton Highway, Marietta 30066	770-422-9022 www.wendys.com	Fast Food	125	●		●	●			\$
<b>WENDY'S</b> 3120 Johnson Ferry Road, Marietta 30062	770-643-7805 www.wendys.com	Fast Food	62	●		●	●			\$
<b>WILD WING CAFÉ</b> 2145 Roswell Road, Marietta 30062	770-509-9464 www.wildwingcafe.com	American	190	●		●	●		●	\$
<b>WILLIAMSON BROS.</b> 1425 Roswell Road, Marietta 30062	770-971-3201 www.williamsonbros.com	BBQ	325	●	●	●	●	●		\$\$
<b>WILLY'S MEXICANA GRILL</b> 2900 Delk Road SE, Marietta 30067	770-690-0075 www.willys.com	Mexican	50	●	●	●	●			\$
<b>WILLY'S MEXICANA GRILL</b> 4250 Roswell Road, Marietta 30062	770-973-1726 www.willys.com	Mexican	93	●	●	●	●			\$
<b>WINGS &amp; BURGER HEAVEN</b> 2745 Sandy Plains Road, Marietta 30066	770-971-9915 www.wingsmarietta.com	American	100	●	●	●	●			\$
<b>WING FACTORY</b> 1475 Terrell Mill Road, Marietta 30067	770-955-9800 www.wingfactory.com	Wings	8	●	●	●				\$
<b>WING ZONE</b> 1275 Powers Ferry Road, Marietta 30067	770-988-9464 www.wingzone.com	Wings	10	●	●	●	●			\$
<b>WINSTON'S FOOD &amp; SPIRITS</b> 1860 Sandy Plains Road, Marietta 30066	678-560-1923 www.winstonsfoodandspirits.com	American	150	●		●	●		●	\$
<b>YOGLI MOGLI</b> 1255 Johnson Ferry Road, #35, Marietta 30068	770-578-1802 www.yoglimogli.com	Frozen Yogurt	25	●				●		\$
<b>ZAXBY'S</b> 2080 Lower Roswell Road, Marietta 30062	770-977-4907 www.zaxbys.com	Fast Food	80	●		●	●			\$
<b>ZAXBY'S</b> 3030 Johnson Ferry Road, Marietta 30062	770-642-9100 www.zaxbys.com	Fast Food	80	●		●	●			\$
<b>ZAXBY'S</b> 730 Johnson Ferry Road, Marietta 30068	678-560-8100 www.zaxbys.com	Fast Food	80	●		●	●			\$

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Train With  
Professional Chefs Working in  
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**Catering - Private Party Room - Take Out**

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**Reservations: 404-843-8300**

**[www.MiragePersianCuisine.com](http://www.MiragePersianCuisine.com)**



# HEALTH & WELLNESS

## ACUPUNCTURE

### Acupuncture and Wellness Center

Dr. Li Hua Shu, TCMD – Licensed Acupuncturist  
1000 Johnson Ferry Road, Suite A-130 • Marietta 30068  
678-560-7978 • [www.drshutcm.com](http://www.drshutcm.com)  
Monday-Friday 9am-6pm; Saturday 9am-4pm  
19 years experience in traditional Chinese medicine treating pain management, respiratory system, emotional/mental health, nervous system, digestive system, smoking/weight loss, wrinkle reduction, high blood pressure, and much more!

## ADDICTION

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Hours: Monday-Friday: 8am-8pm. Saturday-Sunday: 8:30am-5pm.  
New Vision offers inpatient medical stabilization for adults who are experiencing acute withdrawal symptoms from alcohol or other drugs.

## ANTI-AGING/PLASTIC SURGERY

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## Orthodontics for Children and Adults

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### Williams Orthodontics

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- top-priority patient care
- advanced technologies
- choice of treatment options



Dr. Michael Williams is a board certified orthodontist and has been practicing in Woodstock and Canton since 1997. He was the 2010 President of the Georgia Association of Orthodontists.



[www.drwilliamsorthodontics.com](http://www.drwilliamsorthodontics.com)



### WOODSTOCK

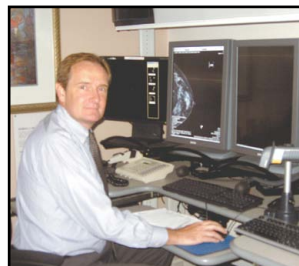
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or visit our second location in CANTON

## WellStar Kennestone Imaging Center in East Cobb

*Offering the highest quality imaging with addition of  
16-Slice CT, MRI and expanded Women's Services*



▲ **Steven Brantley, M.D.**  
**Quantum Radiology**

WellStar Kennestone Imaging Center in East Cobb believes in life well-lived and offers East Cobb residents a quality choice for medical imaging services within the community.

Conveniently located at 1070 Woodlawn Drive, WellStar Kennestone Imaging Center in East Cobb invites the community to visit their state of the art facility for most medical diagnostic imaging needs. The facility

is accredited by the American College of Radiology assuring that highly trained technologists and physicians meet stringent quality standards. The friendly WellStar staff highly emphasizes professionalism, compassionate care and patient satisfaction and is dedicated to uncompromising standards of excellence.

WellStar Kennestone Imaging Center in East Cobb is proud to offer state of the art Digital Mammography to provide the most advanced electronic breast images, which are interpreted by Radiologists who are sub-specialized in mammography using the aid of precision, high-resolution monitors. Dr. Steven Brantley explains, "Digital technology assists in improving diagnosis and makes the interpretation of results and historical comparisons quicker and more accurate." Breast MRIs will now also be offered at the East Cobb Imaging Center in adjunct to routine digital mammography screening for high-risk patients.

Diagnostic imaging services provided at WellStar Kennestone Imaging Center in East Cobb include:

- CT Scan
- Heart Screening (Calcium Score)
- MRI
- Diagnostic Radiology Services
- High definition ultrasound imaging
- Diagnostic and Screening Digital Mammography
- Breast MRI
- DEXA Bone Densitometry

WellStar is committed to providing the best technology to the community with a High-Field Short-Bore MRI 1.5 Tesla which has expanded our women's imaging services to include Breast MRI. This MRI System offers higher quality exams while providing patient comfort with its open ended design. In addition, our 16-slice CT Scanner offers improved diagnostic accuracy with shorter scan times. WellStar Kennestone Imaging Center in East Cobb is now also performing Heart Screenings for \$99 or \$149/couple.

Most insurance plans are accepted, and the helpful WellStar staff is happy to answer insurance related questions. Office hours are Monday-Friday from 8:00am to 4:30pm. Extended hours Thursday until 6:30p.m. and Saturday 8:00am-12:00pm for Mammography and MRI (non-contrast). Call 678-581-5900 to schedule your imaging appointment with WellStar Kennestone Imaging Center in East Cobb.

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1070 Woodlawn Drive, Suite 100, Marietta, GA 30068  
770-793-9200

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## DENTIST

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# Mt. Bethel UMC

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August 8

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Many levels of Yoga



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[mtbethel.org/fitness](http://mtbethel.org/fitness)

## Mitzi Rubin, M.D. is now in East Cobb

**WellStar Medical Group** welcomes Mitzi Rubin, M.D., to our East Cobb office, conveniently located on Roswell Road. Dr. Rubin specializes in preventative medicine, diabetes management and weight management, as well as:

- Acute Illness/Injuries
- Adult, Child and Newborn Well Exams
- Blood Pressure
- Diabetes Management
- Gynecological Exams
- High Cholesterol
- Immunizations
- Laboratory Services
- Obesity
- Preventative Medicine
- Sports Physicals

Dr. Rubin is accepting new patients and looks forward to meeting your needs for exceptional healthcare.

To schedule an appointment,  
please call 770-973-2272.



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## HEALTH & WELLNESS

### FITNESS CENTERS

#### CrossFit East Cobb

Jason Sobczak  
4696 Lower Roswell Rd. Suite 600 • Marietta 30068  
770.977.8575 • [www.crossfiteastcobb.com](http://www.crossfiteastcobb.com)  
CrossFit East Cobb is a strength and conditioning gym in East Cobb which also specializes in endurance training. They offer small group fitness classes for all levels at various times throughout the day. Kids programs are also available.

#### East Cobb Jazzercise

Cathy Mobley  
736 Johnson Ferry Road • Marietta 30068  
(in the Fountains of Olde Towne)  
770-971-4970 • [www.eastcobbjazz.com](http://www.eastcobbjazz.com) • [www.jazzercise.com](http://www.jazzercise.com)  
Jazzercise is a 60-minute class incorporating cardio, strength, and stretch moves for a total body workout for all ages and fitness levels.

#### Mt. Bethel UMC-CAC

4385 Lower Roswell Road • Marietta 30068  
770-971-5280 • [www.mtbethel.org/fitness](http://www.mtbethel.org/fitness)  
Mon-Fri: 7:30am-8:30pm. Sat: 8:30am-4pm  
Yoga, fitness classes, pilates, body sculpting, walking track, cardio equipment and weights.

### FITNESS/WELLNESS

#### Fitness Attack

113 Holt Road • Marietta 30068  
770-851-3965 • [fitatt.com](http://fitatt.com)  
Boot camp and personal training that is affordable, fun and effective, using a variety of music and different types of cardio and strength training activities including boot camp drills, plyometrics, kickboxing and yoga.

### HAIR SALON

#### Patrick Carmen NR.9 Salon

2520 East Piedmont Road, Suite K • Marietta 30066  
678-427-8000 Tues- Sat  
\$35 Cut and Style intro for new clients

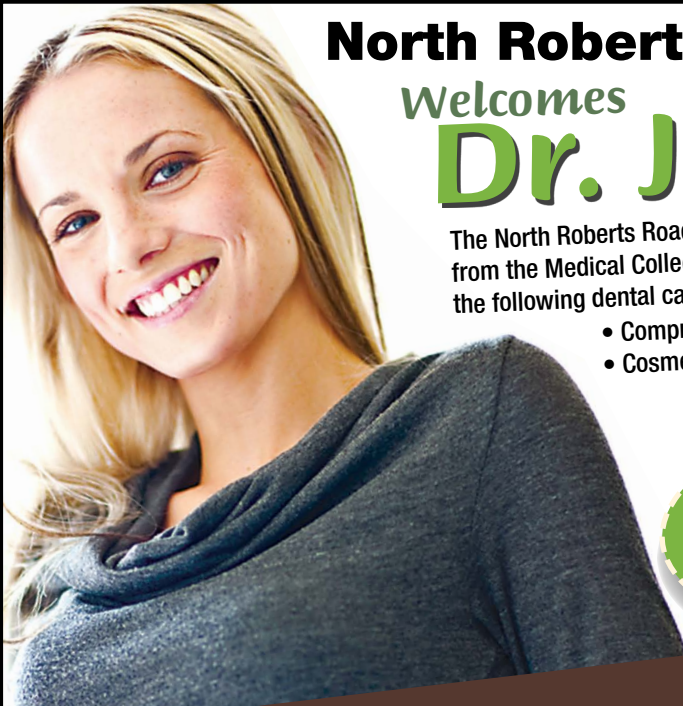
### HEALTH FOOD STORE

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Natural healing specializing in pain relief and wellness. Swedish, deep tissue, shiatsu, Thai and hot stone massages.

## MEDICAL IMAGING SERVICES

### WellStar Kennestone Imaging Center in East Cobb

Lillian McCarthy, Office Manager  
1070 Woodlawn Drive, Ste. 100 • Marietta 30068  
770-793-9200 • [www.wellstar.org](http://www.wellstar.org)

Mon-Fri: 8am-4:30pm. Extended hours Thursday until 6:30pm, Saturday 8am-12pm for Mammography and MRI (non-contrast).

WellStar Kennestone Imaging Center in East Cobb offers state of the art imaging services which include Digital Mammography (Screening and Diagnostic), CT Scan, Heart Screening, MRI, Ultrasound, DEXA Bone Densitometry, and X-Ray.

## MRI & CT

### Marietta Imaging Center

1197 Johnson Ferry Road • Marietta 30068  
770-971-7284 • [www.mariettaimaging.com](http://www.mariettaimaging.com)

Hours: Mon-Fri: 8am-5pm; Sat: 8am-12noon.

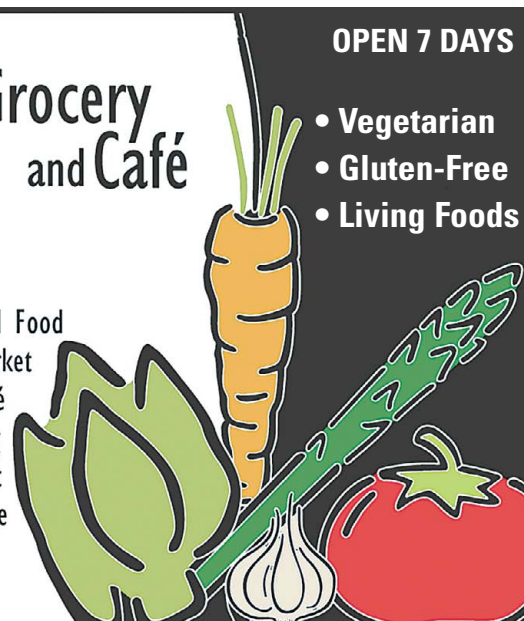
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\*Your physician must include DEXA along with mammogram on your signed physician order form in order to receive this free service. Coupon required for free DEXA exam. Expires August 1, 2011

**Marietta Imaging Centers**

770.792.1234

780 Canton Road Suite 230  
Marietta, GA 30060

WWW.MARIETTAIMAGING.COM



## ORTHODONTICS

### Williams Orthodontics

145 Towne Lake Parkway, Suite 201 • Woodstock 30188  
770-592-5554 • [www.drwilliamsorthodontics.com](http://www.drwilliamsorthodontics.com)  
Mon: 8am-5pm; Tue: 9am-5pm; Wed: 8:30am-5pm; Thurs: 7am-4pm.  
Doctor specializing in the treatment of both children and adults.

## PERSONAL TRAINING

### Active Workz Personal Training

#### Ari Levine

Old Towne Shopping Center, 736 Johnson Ferry Road, #A112 • Marietta 30068

404-538-9975 • [www.activeworkzpt.com](http://www.activeworkzpt.com)

Affordable, individualized personal training at a convenient East Cobb location. Get back on your personal path to fitness this spring with Active Workz Personal Training. Contact Ari Levine to get started now with 2 free training sessions.

### Fitness Together East Cobb

1255 Johnson Ferry Road, Suite 26 • Marietta 30068

770-321-1347 • [www.cobbfitness.com](http://www.cobbfitness.com)

Mon-Fri: 6am-9pm. Sat: 6am-3pm (by appointment only).

Fitness Together is the industry's leader in private, one-on-one personal training. We provide private personal training in your own private suite as well as nutritional counseling, cardiovascular prescription and assessment testing.



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I have lost over 40 pounds and reduced my body fat by 10.3%! I have learned so much, made friends, and had so much fun in the process. If you are reading this and think you need some help to get going on your fitness journey please give Fitness Together a try; You will not find anyone better - I'm 100% sure of that!"

— Marion



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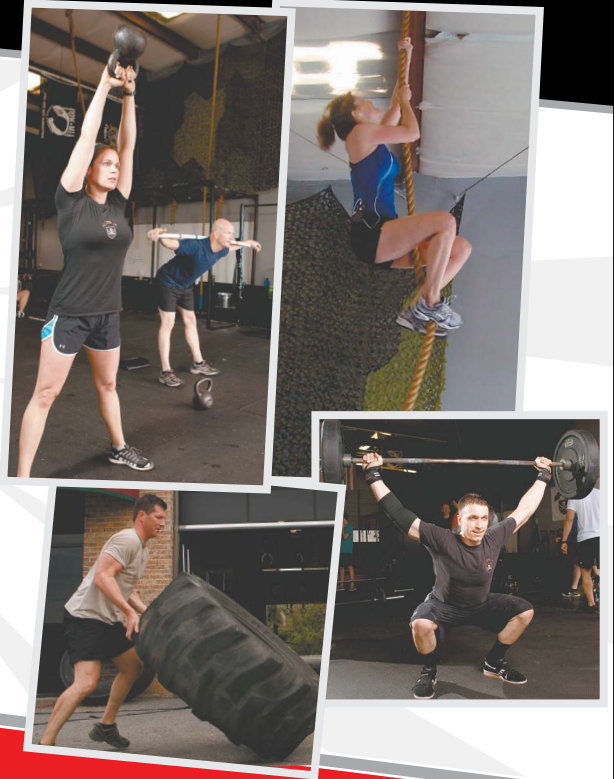
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[www.crossfiteastcobb.com](http://www.crossfiteastcobb.com)

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## Cobb Public Health Officials Recommend Back-To-School Vaccines

In light of new vaccine recommendations this year, parents of all students, whether new or returning, should make sure their children receive the required vaccines. According to Cobb and Douglas Public Health officials, this year's requirements are a little different and nearly every age group is affected. "We want to ensure that every student, whether just starting elementary school or entering college, is fully protected," said Karen Thomas, District Immunization Director, Cobb & Douglas Public Health.

As always, children entering kindergarten, or those who are new to Georgia this school year will need an Immunization Certificate, Georgia Form 3231 and a Dental, Vision and Hearing Form 3200. Additionally, children entering the 6th grade need two doses of chicken pox vaccine, if they have not had chicken pox disease, and two doses of MMR (Measles, Mumps and Rubella).

However, the Meningitis Vaccine booster has been added for 15-19 year-olds. The booster was added when data suggested that protection provided by the initial Meningitis Vaccine, normally given to 11 to 12 year-olds, only lasts about five years, instead of the previously thought 10 years. According to the Center for Disease Control, that means college freshmen who live in dormitories, and teenagers 15-19 who are at increased risk of getting Meningitis, may be unprotected at a time when they are at highest risk for contracting the disease. As a result the CDC now recommends that adolescents receive two doses of the Meningitis Vaccine. The new recommendations state that adolescents who receive the first dose of Meningitis Vaccine at 11-12 years of age should receive another dose at 16 years of age.

Individuals who need this or any other vaccines are encouraged to talk to their primary care provider or contact Cobb & Douglas Public Health at 770-514-2349. ✕



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# Coach's Corner

With Peter Allen



for the  
business  
of life



## JUST WANT TO HAVE SOME FUN!

In the business of life, having fun is one area we all seem to fall a little short. Why? We have this thing called "responsibility". So many things to do with too little time. Stop and take a deep breath: you're never going to get it all done! This is where prioritizing comes in. Unfortunately, the fun stuff rarely makes the cut. So what do you do? First of all, when you realize that having fun and feeling good is very healthy, both mentally and physically, it allows you to be more productive by keeping your cells healthy and clearing your mind so you can be more creative and make better choices. What to do?

When you develop or adjust your purpose, make a task list and set your intentions. Include fun in it. You will be surprised at the end of the day or week how your life will feel more fulfilled.

Where does fun come from? Just about everything in your work and leisure can become fun. It's a matter of changing your perception and turning what might be a mind-draining moment to a fun or at least more enjoyable time. Such as getting caught in traffic and exhausting all possible ways to change your route. This can cause a lot of anxiety, so that by the time you get to your destination, words like "fun" and "humor" sound like a foreign language. I can't think how being in this state can be healthy and supportive to your quality of life. When things like this happen, we have to have a mind click to "change your attitude and perception" to see it differently. This can be a fun exercise. Use your creativity. For instance, imagine all these people in the traffic jam coming to your party. You're looking around and smiling at everyone. You may be the only one, and in your mind thank them for coming together to help you celebrate. Think of something you're grateful for in your life. That's a much better energy.

We are writing a book on this and I would like to hear some of your ideas on how you change your perception in challenging moments.

The best to you!

Pete

**Contact me at 770-977-2232 or  
[www.breakingfreecoaching.com](http://www.breakingfreecoaching.com)**

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56 August 2011

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Nail Stop  
Brumby E.S.  
A Child's Night Out  
Inga's Skin & Body Care  
Southern Keyboards  
Atlanta Ballet  
Mellow Mushroom  
Midtown Athletic Club  
Barber Shop  
Schlotsky's Deli  
Post Office  
Barker's Red Hots  
Gables Wood Hollow  
BMW Dealership  
Powers Ferry E.S.  
Publix-Delk Road  
Christo's Restaurant  
Willy's  
Micro Center  
J. Christopher's  
McIntyre Family Practice  
Shreiner Academy

## 30062 Area – Roswell Road

Leader of the Pack  
Elmwood Apartments  
Book Nook  
Williamson Bar-B-Q  
Life Grocery  
Café Life  
Classy Flea  
New China Buffet  
Sedalia Park E.S.  
East Valley E.S.  
East Cobb M.S.  
Wheeler H.S.  
East Side Baptist Church  
Faith Lutheran School  
Out of the Park  
Options Salon  
Malone's Automotive  
Harry's Whole Foods  
Temple Kol Emeth  
Atlanta TV/VCR Repair  
Salon Carastro  
Cookies By Design  
Lisa's Nails  
Los Arcos  
Aloha Sun Tanning

Center  
Pak Mail  
The Parlor Salon  
Edward Jones  
Nucci's Gelato  
East Cobb YMCA  
Lemon Grass  
American Red Cross  
Curves  
Diane's Nails  
Pet Boutique  
Dog School 101  
Waldron Dentistry  
Olde Mill Executive Suites  
HealthSouth  
Parc at Piedmont  
Eden Gardens  
Subway  
Publix-E. Piedmont  
Cardsmart  
New Concepts Salon  
Great Clips  
GEICO  
Re/Max  
Simoniz Car Wash  
AAA Auto Club  
Great Clips  
Evans Jewelers

Marietta Eye Clinic  
Rose Garden Montessori  
ENT of Georgia-Cobb  
The Goddard School  
Lutheran Church  
Etz Chaim  
Marietta Eye Clinic  
Walton H.S.  
Dodgen M.S.  
Dr. Bradley Cross  
Drake Realty  
Big League Barbers  
Jane's Nails  
Dance Stop  
Betsy's Hallmark  
H&R Block  
Signatures  
Prudential Realty  
Keller Williams  
East Side E.S.  
Fuller's Park

## 30068 Area – Johnson Ferry Road

Dickerson M.S.  
Crème de la Crème  
CT Nails

Mt. Bethel Daycare  
\$2.50 Cleaners  
Tires Plus  
Chin Chin  
Georgia Tire Depot  
BP Gas Station  
Harry Norman Realty  
Kids R Kids  
Re/Max  
Dr. Burstein  
The Sunshine House  
NASA  
KidZone Learning Ctr  
Ron Sprouse/State Farm  
The Village Gas Station  
Coldwell Banker  
Atria Johnson Ferry  
Atlanta Swim  
Aesthetic Orthodontic  
Kroger-Parkaire  
Tijuana Joe's  
Atlanta Music Center  
Draisen Edwards  
Sports Clips  
Edward Jones  
Choi Kwan Do  
Publix-Woodlawn  
Johnny's Pizza  
Specialized Printing  
Gold's Gym  
Marietta Ice Rink  
Goodyear  
Suntrust Bank  
Wells Fargo  
Beauty Is  
Bagelicious  
Fitness Together  
Mediterranean Grill  
Marine Fish  
Fuji Hana  
Einstein's Brothers  
Caribou Coffee  
Dunkin Donuts  
J. Christopher's  
Rita Ellen's Boutique  
Fit for Life  
Edward Johns  
Frameworks Gallery  
The School Box  
UPS Store  
Healthy Habits  
Neurosport  
RBC Bank  
CVS  
Dr. Johnston

WellStar Imaging Center  
Paper Affair  
NTB  
Great Clips  
Barber Shop  
BB&T Bank  
E. Cobb Vet Clinic  
American Brake Service  
Simoniz Car Wash  
Manor Care  
JEN Car Wash  
Caldwell Chiropractic  
Johnson Ferry Baptist Church  
Mt. Bethel E.S.  
Bank of N. Georgia  
Kinko's/FEDEX  
Goldberg's Bagels  
Colonial Bank  
WellStar Urgent Clinic  
Savannah Court  
Harry Norman Realtors  
Olde Towne Athletic Club  
Sports a Rama  
Moohan Martial Arts  
Mellow Mushroom  
Good Mews  
Jazzercise

## 30062 Area

Shallowford E.S.  
Publix-Shallowford  
Renew Day Spa  
Dr. Ruth Clemans  
Academic Solutions  
Sweeney Chiropractic  
Creative Montessori  
Montana's  
Pari's Hair Salon  
Pope H.S.  
RBC Bank  
Hightower Trail E.S.  
Sunrise of East Cobb  
Houlihan's Restaurant  
Magic Wok  
Nail Tech  
Knowledge Points  
Amore Pizza  
Great Clips  
Panache Hair Design  
Sudano Chiropractic  
Fast Frames  
Mail Solutions  
Kroger  
Skin Care by Gabriela

June of China  
Instant Shoe Repair  
Walmart  
NE YMCA  
Goodyear  
La Strada  
Pike Nursery  
Primrose School  
Tritt E.S.  
Wood Acres Day School  
Mt. Zion UMC  
Wells Fargo  
The Hair Place  
Lynn's Nails  
Mail Boxes  
Timber Ridge E.S.

## 30066 - Sandy Plains Area

Simpson M.S.  
Goddard School  
Addison E.S.  
Paradise Optical  
David Douglas Jewelers  
Cosmos Fitness  
Chinese Restaurant  
Cazadores Restaurant  
Jiffy Lube  
Dunkin Donuts  
Sprayberry H.S.  
Kincaid E.S.  
A Passion for Pets  
Ankle & Foot Center  
Dr. Ruth Haugseth  
CITGO Gas Station  
McDonald's  
Kids R Kids  
Just Brakes  
Suntrust  
KinderCare  
Merrymac  
Sandy Plains Office Supply  
Invigo Spa  
Kids Kuts  
British Academy of Ballet  
Primrose School  
Pak Mail  
Primary Prep Academy  
Marietta Eye Clinic  
Pump It Up  
Blimpie's  
Publix-Sandy Plains  
Kroger-Sandy Plains  
Salon 3 Thirteen

## East Cobb Senior Center Activities Scheduled for August

All Cobb residents age 55+ are invited to participate in activities at various senior centers throughout Cobb. The following is a listing of activities scheduled at the East Cobb Senior Center located at 3332 Sandy Plains Road, Marietta 30066. Call the East Cobb Senior Center at 770-509-4900 for reservations and/or more details.

### Blood Pressure Screening

Thursday, August 4

Tuesday, August 16

Wednesday, August 24

10am – 12pm

### Friday, August 5

All Cobb County Senior Centers will be closed for furlough.

### Ice Cream and a Movie: *Ocean's 11*

Monday, August 8

1 – 4pm

Cost: \$3/Cobb County resident. \$4/non-Cobb County resident.

Registration required.

This is the original! New Year's Eve in Las Vegas. It is the perfect time to steal a kiss or a \$25 chip, but for Danny Ocean and his 10 partners in crime it's the perfect time to steal millions. The ice cream and popcorn can't compete with this serving of entertainment!

### 16<sup>th</sup> Anniversary Party – *The Sands Hotel*

Friday, August 12

11am – 2pm

Cost: \$12/Cobb resident. \$14/non-Cobb resident. Limit 2 tickets/person.

From *Fly Me to the Moon* to *I've Gotta Be Me* the songs and movies of Frank, Dean and Sammy, the Rat Pack have filled the pages of our lives. Join us in celebrating our 16<sup>th</sup> Anniversary with a Rat Pack flair at the Sands Hotel's night club. Dancing, singing and good food will fill the afternoon with memories and merriment. Come hear all your favorite songs sung as only Bill Gleeson can sing them.

### History Corner: Vikings in North America

Wednesday, August 17

10 – 11:30am

Cost: Free. Registration required.

Five hundred years before the arrival of Christopher Columbus, the Vikings landed on the rugged North American. What happened to these Viking explorers after their arrival and why did they leave? Come embark on a journey to find these answers.

### Living with Psoriasis

Wednesday, August 24

10 – 11am

Cost: Free. Registration required.

Psoriasis is more than just a skin condition. Living with psoriasis can lead to a whole host of complications that affect our daily lives. Learn all about this common skin disease, how it develops, how it's treated, and how to cope with it in your everyday life.

### Eating for a Healthy Heart

Wednesday, August 31

10 – 11am

Cost: Free. Registration required.

Whether you have years of unhealthy eating under your belt or you simply want to fine tune your eating habits, this presentation will give you strategies to kick start your way to a healthy heart.

### Oakland Cemetery/William Breman Jewish Heritage and Holocaust Museum

Wednesday, September 14

9am - 4pm (Check-in time: 8:30am)

Our early fall excursion begins with a guided tour of Oakland Cemetery. After our tour we will head to an Atlanta institution for lunch, Six Feet Under. After lunch we will take a guided tour of the William Breman Jewish Heritage.

Cost: \$51/Senior Council members. \$56/non-members.

**Deadline: August 12.**

Price includes luxury motor coach transportation, tickets, lunch, and driver's tip. Full refunds will be given if the trip is cancelled. No refunds will be given after payment due date.

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# GET FIT

before the holidays

The Holidays will be here before you know it and now is the time to develop a healthy routine before that second helping of mashed potatoes is served. The Osher Lifelong Learning Institute at Kennesaw State University offers specialized fitness classes created just for seasoned adults.

The Osher Lifelong Learning Institute, affectionately known as OLLI to the Collegiate community and its members, offers a program schedule packed with interesting classes, Club Room activities and socials geared toward its members – retirement-aged persons who are age 50 and over.

**Flexibility  
and Stretching**  
Starts Oct. 3

**Pilates Basics**  
Starts Oct. 3

**Fitness  
For Life**  
Starts Oct. 4

**Gentle Yoga**  
Starts Oct. 5

**Qigong/  
Tai Chi  
for Seniors**  
Starts Oct. 5

"I like it  
when my students  
leave the class feeling a  
little stronger and a little  
smarter..."

*Phil Robinson, Qigong/Tai Chi for  
Seniors Instructor*



"Socializing and exercise  
go hand in hand."

*Emily Berreth, Pilates Basics  
& Gentle Yoga Instructor*



For more information or to request a  
quarterly OLLI Newsletter, please contact  
Michelle Girage at 770-499-3340.  
[ccpe.kennesaw.edu/olli](http://ccpe.kennesaw.edu/olli)

**Kennesaw**  
State UNIVERSITY  
College of Continuing  
and Professional Education

## Call for Entries: Art of the Golden Generation Exhibit

Over the years, the Osher Lifelong Learning Institute (OLLI) has discovered many talented artists within its realm of course offerings. Some may be talented in painting and others find their talent in drawing or sculpturing. The wide array of talent is inspiring and brings such joy to the students when they realize what they have found within themselves.

The College of Continuing and Professional Education at Kennesaw State University invites you to submit your original artwork to the Art of the Golden Generation's 8th biennial juried art exhibition. The exhibition is presented by the college and the Center for Active Retirement Education (CAREing) and hosted by the Marietta Cobb Museum. Artwork must be: original, completed at age 50 or older, and not displayed in previous CAREing Center competitions.

All entries must be postmarked by 8/31/11 and must include title of work, size, and date completed. Accepted artists will have their work displayed at the Marietta Cobb Museum for two months and the winners receive nominal prizes for their creations.

OLLI students are invited to submit their digital entries once they have registered through our registration department. Each artist can submit up to three pieces.

"We have some amazing talent in our OLLI classes and I know this would be a proud moment for us if one of our students were selected to show in the exhibit – or better yet win an award," states Michelle Girage, Assistant Director for OLLI. "It is the perfect place for our students to showcase their talents."

OLLI offers several courses for artists including Calligraphy-The Art of Beautiful Writing, Pencil, Pen & Ink Drawing (Beginning and Advanced), Digital Photography, and Watercolor and the Masters. OLLI instructors understand how important it is to be able to get in touch with your artistic side and create something magnificent. It truly is a rewarding experience.

OLLI students also have an opportunity in December to showcase their art at our annual Donuts & Notes Open House. This is a free event open to all individuals age 50 and over. We truly have something for everyone!

For more information or to request our brochure or quarterly Newsletter, please call Michelle Girage at 770-499-3340 or visit [www.ccpe.kennesaw.edu](http://www.ccpe.kennesaw.edu). ✕

I ♥ East Cobb

# CLUB CALENDAR

**AARP Chapter 2830.** First Thursday of each month. 1:30pm. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Mary Johnson, 770-926-7881 or doule37uga@comcast.net.

**American Association of University Women (AAUW)** of Cobb County. Second Tuesday of the month. 7pm. Mansour Center, 995 Roswell Street, Marietta. Does not meet in July & August. More info: Bonnie Williams, 770-971-6130.

**American Needlepoint Guild.** Second Tuesday of the month. 6:45pm. Cobb Public Library, Mountain View Branch, 3320 Sandy Plains Road, Marietta. More info: 770-394-0065.

**Anne Hathaway Garden Club.** Third Wednesday of the month (except July and August). Marietta Educational Garden Center, 505 Kennesaw Avenue NW, Marietta. More info: Charlene Robinson, 770-971-7786.

**Atlanta Metropolitan Council Navy League.** Second Tuesday of each month. 7pm. Navy Recruiting District HQ, 2400 Lake Park Drive, Suite 410, Smyrna. Membership open to all civilian and retired military with an interest in supporting our men and women of the Navy, Marine Corps, Coast Guard, Merchant Marines and associated youth programs. More info: 678-234-2310 or campbellfco@comcast.net.

**Atlanta World War II Roundtable.** Third Thursday (Sept-June) of the month. 11:30am. Petite Auberge Restaurant, North Druid Hills Road @ LaVista Road, Atlanta. More info: 770-928-4579 or jkovach2000@yahoo.com.

**"Aware & Conscious Birds" Book Club.** Mondays. 7-8:30pm. Bikram Yoga Marietta, 80 Powers Ferry Road, Marietta. More info: awareconsciousbirds@gmail.com or http://consciousness.meetup.com/203.

**Big Chicken Chorus.** Every Monday evening. 7:00pm. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. Award-winning 50 voice, male, 4-part a cappella harmony chorus. More info: Frank, 770-587-1264, fehrach@aol.com, or www.bigchickenchorus.org.

**Bridge Club.** Four free lessons; \$5 thereafter. Thursdays 7:30pm and Sundays 2pm. Singles are welcome. 1809 Roswell Road, Marietta. More info: 770-973-7717.

**Business Breakfast Networking of East Cobb.** Professional Referral Networking. Second Tuesday each month. 8:15-9:30am. C'est Moi/Café Paris, 1100 Johnson Ferry Road, Marietta, GA 30068. More info: Ellen Kelly, 404-713-2830 or Lnkelly@sbcglobal.net.

**Business Network International (BNI).** Tuesdays. 7:30-9am. BNI is an international networking organization with chapters throughout the Atlanta area. My Friend's Place, 1205 Johnson Ferry Road, Marietta. More info: Karley Barber, 770-977-2383 or karley@comcast.net.

**Children of The American Revolution (C.A.R.).** Now forming a new Society serving the East Cobb, Vinings, Sandy Springs, Buckhead, Roswell and all of Cobb communities. All children ages 1-18 invited. More info: B. Schilling, 770-643-1010.

**Cobb County Democratic Committee.** Monthly breakfast 2nd Saturday each month. 9am. Piccadilly Cafeteria, 536 Cobb Parkway SE, Marietta. More info: 770-420-7133 or www.eastcobbdcems.com.

**Cobb County Gem & Mineral Society.** Second Tuesday of the month. 7:30pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Mary Ingram, 770-427-1108, or Leo or Edna Morris, 770-445-9274.

**Cobb County Genealogical Society.** Fourth Tuesday of the month. 7pm. First Presbyterian Church of Marietta, 189 Church Street, Marietta. More info: Larry Guzy, 678-860-4477.

**Cobb County Republican Women.** Fourth Friday of the month. 11:30am. Hilton Atlanta/Marietta Conference Center, 500 Powder Springs Street. More info: 770-785-2522 or www.ccrwc.org.

**Cobb Marietta Retired Educators Association.** Last Wednesday of the month. 11:30am. Reservations required. Windy Hill Senior Center, 1885 Smyrna-Roswell Road, Smyrna. More info/Reservations: Beth St. Jean, 770-998-8737 or beth@ammoniasafety.com.

**Cobb Photographic Society.** Photographers of all skill and ability levels are welcome. First and 3rd Monday of each month. 7-9pm. Marietta Enrichment Center, American Business Center, Bldg. 700, Suite 702, 1395 South Marietta Parkway, Marietta. More info: www.cobbphotosociety.com or info@cobbphotosociety.com.

**Cobb Regional Republican Women.** Third Thursday, every other month. 6:30pm. InfoMart, 1582 Terrell Mill Road, Marietta. More info: Sandra Thompson, 770-578-6646.

**Colored Pencil Society of America.** Atlanta District Chapter 107. First Monday of the month. 7pm. North DeKalb Cultural Center, 5339 Chamblee-Dunwoody Road, Room 2 (second floor in the back), Dunwoody. More info: Nancy Guerin, 678-354-3590.

**Dad 2 Dad.** A stay-at-home dads group. Every Tuesday and Thursday. 10:30am. Various locations. More info: Richard Collins, 770-579-5445.

**Danc'n Singles.** A square dance club. First and 3rd Saturday of the month. 8-10:30am. FOP Lodge, 2350 Austell Road, Marietta. More info: 770-943-6979.

**Dog Hikers of Georgia.** Every Sunday. 10am. Various Locations. Non-dog owners welcome. More info: Dr. Dan Batchelor, 770-992-2362.

**Dudes 'n Darlins Square Dance Club.** Dances on second and 4th Friday each month. 8-10:30pm. Mountain View Community Center, 3400 Sandy Plains Road, Marietta. More info: Margaret, 770-751-7210, dusesndarlins@comcast.net, or www.dusesndarlins.com.

**East Cobb Bass Club.** Visitors, boaters and non-boaters are welcome. First Tuesday of each month. 7pm. Free admission. Attendees pay for dinner. The Rib Ranch, 2063 Canton Road, Marietta. More info: 770-364-3036 or noeyf1@bellsouth.net.

**East Cobb Business Association.** Luncheon and featured speaker. Third Tuesday each month. 11:30am-1pm. Hollycrest Hall, 2235 Sewell Mill Road, Marietta. More info: Susan Hampton, 404-218-6216, susan.hampton@lionbank.com, or www.eastcobbba.com.

**East Cobb Civic Association.** Last Wednesday of the month. 7pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: Jill Flamm, 770-552-8206 or www.eastcobb.net.

**East Cobb Civitans.** Second and 4th Thursday of the month. 12-1pm. Parc at Piedmont, 999 Hood Road, Marietta. More Info: Mary Karras, 770-514-3069 or marykarras@banknorthgeorgia.com.

**East Cobb Community Friends for Children's Healthcare of Atlanta.** Third Tuesday of the month. 7:30pm. Meetings are in members' homes and vary each month. We work to benefit CHOA with fund raisers and service projects. More info: Suzanne Strickland, 770-992-2882, or Diane Ellwanger, 770-579-9510.

**East Cobb Democratic Alliance.** Third Thursday of the month. 6pm - Social. 7pm - Program. Rib Ranch, 2063 Canton Road, Marietta. More info: Tom Barksdale, 770-715-1218 or tbarksdl@aol.com.

**East Cobb Kiwanis Club.** Every Wednesday evening. 7pm. Paradise South of the Border, 3605 Sandy Plains Road, Marietta. More info: Johnny Johnson, 770-977-2026 or edwardjohnsjewelers@yahoo.com.

**East Cobb Lions Club.** Second and 4th Tuesday of the month. 7pm. East Side Baptist Church, 2450 Lower Roswell Road, Marietta. More info: Don Garrow, 770-955-6914.

**East Cobb New Horizons Band.** Monday mornings. Did you play a band instrument in high school and/or college? Would you like to play again? We accept all skill levels. First Baptist Church of Marietta, 148 Church Street, Marietta. More info: George 770-971-3430 or geog16@yahoo.com.

**East Cobb Open Networking.** Professional Referral Networking. Every Friday. 7:30-9am. Capozzi's NY Deli, 4285 Roswell Road (next to Michaels), Marietta. Free. More info: Tim Langley, 770-289-9711 or drtim02@yahoo.com.

**East Cobb PowerCore Team.** A business referral network. Every Thursday. 7-8:30am. IHOP, 3130 Johnson Ferry Road, Marietta. More info: Amy Caplan, 404-572-1278.

## Meet Your Future Clients, Customers and Business Associates

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Invite a guest to join you.

For more information visit [www.EastCobbBA.com](http://www.EastCobbBA.com)



### ECBA Member Spotlight



## CLUB CALENDAR

**East Cobb Rotary Club.** Every Wednesday. 7am. Indian Hills Country Club, 4001 Clubland Drive, Marietta. More info: 770-789-0623 or dschwall625@hotmail.com.

**East Cobb VIPs.** A community group for seniors. Fourth Monday of the month (except in May). 6pm. East Cobb United Methodist Church, 2325 Roswell Road, Marietta. More info: 770-971-3643 or office@eastcobbumc.org.

**East Cobb Woodcarvers Club.** Every Thursday. 9-11am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-645-0817.

**Georgia Perennial Plant Association.** Third Tuesday of the month. 7:30pm. Atlanta History Center, McElreath Hall, 130 West Paces Ferry Road NW, Atlanta. More info: www.georgiaperennial.org.

**Georgia Vietnam Veterans Alliance.** Third Thursday of the month. Social hour: 6pm. Meeting: 7pm. American Legion Post, 921 Gresham Road, Marietta. More info: Bill Kalish, 770-298-9966.

**Golden "K" Kiwanis Club.** Every Thursday. 10am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: Bill Vermeer, 770-971-6579.

**Happy Tails Pet Therapy.** Orientation for prospective members 1st Thursday or Saturday of the month. 10:30-11:30am. Mt. Bethel Christian Academy, 4385 Lower Roswell Road, Building F, Room F001, Marietta. Check dates: 770-740-8211 or www.happytailspets.org.

**International Association of Administrative Professionals (IAAP)-Cobb County Chapter.** Fourth Monday of the month. 6:15pm. Meeting & dinner. Windy Hill - Marriott Hotel, Marietta. More info: Oleta Herron, 770-661-2876.

**Jewish War Veterans, Bicentennial Post 976.** Third Sunday of the month. 11am. Marriott Hotel, Perimeter Center. More info: Fran Jacobson, 770-436-7456.

**Job Seekers Cobb County Chapter.** Business professionals volunteer to help the unemployed. Speakers, networking, job leads, workshops. 7-9am, Tuesdays, followed by networking 9-10am. Varsity, 2790 Town Center Drive, Kennesaw. Free. More info: 770-420-9808, ext. 470.

**Libertarian Party of Cobb County.** First Thursday of the month. 7:30pm. Council Chamber at Marietta City Hall, 205 Lawrence Street, Marietta. More info: cobbip.org.

**Marietta Kiwanis Club.** Every Thursday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Bill Sidner, 770-579-4094.

**Marietta Lions Club.** Second Thursday of the month. 7pm. Marietta Conference Center, 500 Powder Springs Road, Marietta. More info: 770-565-8230.

**Marietta PFLAG.** Fourth Sunday each month. 1-3pm. Newcomers are welcome. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: marietapflag@gmail.com.

**Marietta Rotary Club.** Every Wednesday. 12noon. Marietta Conference Center, 500 Powder Springs Street, Marietta. More info: Adele Grubbs, 770-424-8212 or www.mariettarotary.org.

**Mint Julep Consignment Boutique.** First Thursday and 3rd Wednesday of the month. 7-9pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-953-2882 or www.visionsanew.org

**MOMS Club of Marietta North.** First Wednesday of the month. 10am. Mountain View Library, 3320 Sandy Plains Road, Marietta. More info: Marion Hegedes, 678-494-8887.

**Moms in Touch.** East Side Elementary. Every Monday. 10am. Meeting location available on request. More info: Movita Stallworth, 770-321-1783 or mo633@bellsouth.net.

**Moms in Touch.** Individual school groups meeting on various days & times. Praying and encouraging our Cobb County teachers, staff and students. More info: Margie Crawford, mcraw10@bellsouth.net or www.momsintouch.org.

**Mothers and More, East Cobb Chapter #270.** Second Tuesday each month. 7:30-9:30pm. St. Catherine's Episcopal Church, 571 Holt Road, Marietta. Check website as schedule may vary: www.mmeastcobb.homestead.com.

**National Active and Retired Federal Employees (NARFE).** Second Wednesday of the month. 11:30am. East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. More info: 770-973-2834.

**Newcomers Club of Cobb County.** Third Tuesday each month. 10am. Various social activities throughout the month for those new to Cobb County or just looking for new friends and activities. John Knox Presbyterian Church, 505 Powers Ferry Road, Marietta. More info: 770-234-5068 or newcomersofcobbcounty@yahoo.com.

**North Atlanta Business Association.** Every Thursday. 11:45am-1:30pm. Piccadilly Cafe, Cobb Parkway. More info: Vic Anapolle, 770-971-3402.

**North Metro Mothers of Multiples Club.** Third Monday of the month. 7:15pm. Harp Irish Pub, 1425 Market Blvd., Roswell. More info: 678-404-0034 or www.NOWAMOM.org.

**Northeast Cobb Business Association.** Luncheon meeting 3rd Wednesday of each month. 11:30am-1pm. \$15. Piedmont Church, 570 Piedmont Road, Marietta. More info: www.cantonroadba.org.

**Northwest Atlanta Mothers of Multiples (formerly Cobb Parents of Multiples),** a parent's club for families with or expecting twins, triplets, quads, etc. Second Monday of each month (except December). 7pm. North Metro Church, 2305 Barrett Parkway, Marietta. More info: 678-404-0034 or www.nowamom.org.

**Order Sons of Italy in America Marietta Lodge #2607.** General membership meeting 2nd Monday each month. Pot Luck Dinner (except June, July, August-dessert and fruit). 7-9pm. East Cobb Government Service Center, 4400 Lower Roswell Road, Marietta. More info: 770-928-9314 or degrillmouse@comcast.net.

**Parents Without Partners.** Meeting times vary. More info: Angela Dixon, 404-422-0768 or pwpchapter698.org.

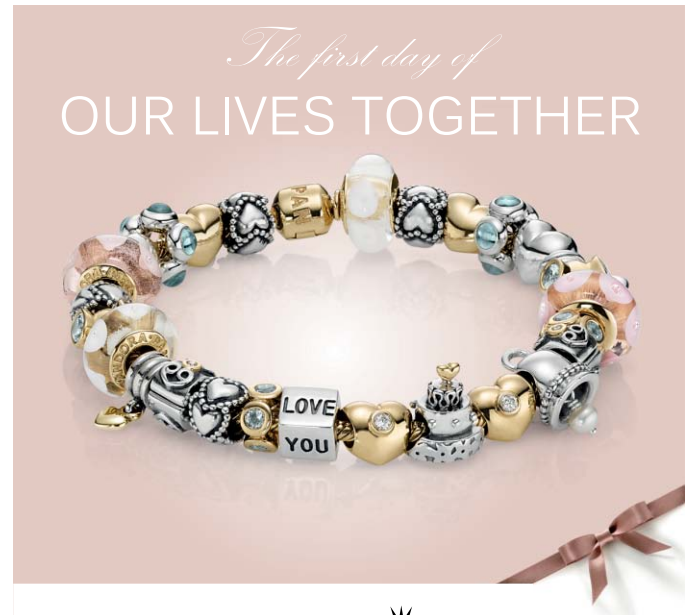
**Peach State Depression Glass Collectors Club.** Second Tuesday of the month. 7pm. East Marietta Library, 2051 Lower Roswell Road, Marietta. More info: 770-368-9790.

**Polk Street Speakers Toastmasters.** First and 3rd Tuesday of the month. 7:30-9:00pm. St. James Episcopal Church, 161 Church Street, Marietta. More info: www.polkstreetspeakers.org.

**SACS (Singles and Couples Social Events).** Weekly dancing for singles and couples.

No membership fees, just friends making new friends. More info: Nancy Kuhn, Angel-GA@comcast.net

**Shakespeare Reading Group.** First and 3rd Thursday of the month. 2-4 pm. 32 N. Fairground Street, Marietta. More info: Lynne Johnson, 770-591-3474.



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## DAY CARE

Retired Cobb school teacher and daughter team are looking to take care of up to 5 babies. Contact Terri Hieber, 770-641-9573 or 404-247-6624

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**DEADLINES:** All classifieds must be received by the 15th of the month prior to the next issue date.

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# SUPPORT GROUPS

**A.A./Al-Anon/Al-Anon Beginners/Alateen.** Every Monday. 8pm. Covenant Presbyterian Church, 2281 Canton Road, Marietta. More info: 770-973-5347 or jpm105@comcast.net.

**Al-Anon.** For family and friends of alcoholics and other substance abusers. Thursdays. 7:30-8:30pm. Johnson Ferry Baptist Church, Room 345, 955 Johnson Ferry Road, Marietta. More info: 770-587-0483.

**Alzheimer's & Caregivers Support Group.** Second Thursday of the month. 7pm. Sunrise Assisted Living, 1551 Johnson Ferry Road, Marietta. More info: Christa McLain, 770-509-2914.

**Alzheimer's Association Georgia Chapter Family Support Group.** First Monday of the month. 10:30am. Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info: Dawn Reed, 678-777-7241 or dawn@alohatoaging.org.

**Autism Spectrum Support Group of Cobb County.** Supporting parents with information and resources as well as social connections. Third Thursday of each month during school year. 9:30-11:30am. Mt. Bethel United Methodist Church, 4385 Lower Roswell Road, Marietta. More info: www.asgcoobb.com

**Babywearing Group.** Koalamommas, North Atlanta's resource for help, support, and information about baby carriers of all kinds. Meets monthly. Meeting dates/time vary. More info: Jennifer Worrell, 770-516-4192 or jenniferworrell@bellsouth.net.

**Bereavement Support.** First and 3rd Wednesday of the month. 5pm. Counseling Room in Parish Office, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6020.

**Cancer Support Group.** Second and 4th Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 301, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

**Cancer Support Group** for patients, families and friends who are learning to live with a diagnosis of cancer. Second Wednesday of the month. 7 pm. LaSalette Hall, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6104.

**Career Transition.** Third Monday of the month. 6:15pm: Personal resume, interviewing, networking, and career assessment help. 7pm: Presentation. 1st Presbyterian Church of Marietta, 69 N. Marietta Parkway, Marietta. More info: Bill Lins, 404-558-1579 or Bob Sabin, 770-795-9084.

**Caregiver and Share Support Group for Alzheimer's.** First Wednesday of the month. 4:30-5:30pm. Savannah Court, 886 Johnson Ferry Road, Marietta. More info: 770-977-4420.

**Codependents Anonymous.** Mondays & Thursdays. 7:30-8:45pm. Unity North Church, 4225 Sandy Plains Road, Marietta. More info: 770-578-6368.

**Compassionate Friends** for grieving parents, grandparents, and siblings. First Tuesday of the month. 7 pm. First Baptist Church, 148 Church Street, Marietta. More info: Kathy Kelcourse, 770-579-3512 or 404-539-4287. Email: kathzkel@yahoo.com or tcfmarietta.kathy@hotmail.com; www.tcfmarietta.org.

**Depression/Bipolar Support Group.** First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, Room 306, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

**Depression Support Group.** For those who suffer from depression and the people who love them. First and 3rd Thursday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

**Divorce Care.** 13-week session, August and January. Wednesdays. 6:30-8pm. Johnson Ferry Baptist Church, Room 311, 955 Johnson Ferry Road, Marietta. More info: Kitty, 770-794-2978.

**Divorce Care for Kids.** 13-week session, August and January. Wednesdays. 6:30-8pm. Johnson Ferry Baptist Church, Room 328, 955 Johnson Ferry Road, Marietta. More info: Kitty, 770-794-2978.

**Diabetes Support Group** offered by WellStar Health System. Second Tuesday of the month. 6:30-8pm. McLaren Mill Office Park, 531 Roselane Street, Suite 100, Marietta. No registration required. More info: 770-793-7818.

**Domestic Violence Support Groups.** Sessions in English and Spanish. Wednesdays. 6:45-8:15pm. Child-care available for children 6 weeks to 12 years. Children over 12 may attend and learn childcare skills. More info: 770-427-3390.

**East Cobb Satellite of CHADD (Children & Adults w/Attention-Deficit/Hyperactivity Disorder) Parent Support Group.** First Tuesday or Thursday of the month. 7-9pm. East Cobb Government Services Center, 4400 Lower Roswell Road, Marietta. More info: Movita, 770-321-1783, east-cobb@chadd.net, or www.chadd.net/300.

**Emotions Anonymous,** a fellowship of people who come together to work toward recovery from emotional difficulties and discover a new way of life. Tuesdays and Fridays, 7pm. Roswell United Methodist Church, 614 Mimosa Boulevard, Building C, Roswell. More info: 404-735-9739.

**Families of Children Under Stress (FOCUS).** FOCUS is there to help – to listen and cry, to inform and educate, and to offer programs for the families and the child with special needs. Usually meets the last Thursday of the month during school year. 10am. Chick-Fil-A, 1201 Johnson Ferry Road, Marietta. More info to confirm meeting date: Angie, 770-234-9111, angie@focus-ga.org, or www.focus-ga.org.

**Family Caregiver & Alzheimer's Support Group.** First Monday of each month at 10:30am. Open to individuals who are assisting an aging loved one both inside and outside of the home. Call in advance for free care for your loved one during meeting. Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info: Aloha to Aging, 678-439-1177.

**Grandparents Raising Grandchildren Support Group.** Second and 4th Tuesday. 7:15pm. Special guest speaker. Transfiguration Church, Room 102, 1815 Blackwell Road, Marietta. More info: Jeannie, 770-919-9275.

**Grief Share.** 13-week session, August and January. Mondays. 7-9pm. Johnson Ferry Baptist Church, Room 306, 955 Johnson Ferry Road, Marietta. More info: Kitty, 770-794-2978.

**Grief Support Group.** For those dealing with the grief of losing an aging loved one. First Monday of each month. 2:30pm. Mt. Bethel Community Center, 4608 Lower Roswell Road, Marietta. More info: Aloha to Aging, 678-439-1177.

**Loneliness Bereavement Support Group.** Every Tuesday. 12 noon. Pilgrimage United Church of Christ, 3755 Sandy Plains Road, Marietta. More info: 770-423-5959.

**Marietta Moms.** For all kinds of moms - new to the area, looking for new friends, or just needing support. Daily events for babies, toddlers and older kids. More info: 770-956-0318 or 678-357-3661 or www.mariettamoms.com

**Mothers Circle Group.** Are you a mother raising Jewish children but you are not Jewish? Free education and support through a 16-week course. Groups are held in Marietta, Intown and North Fulton. More info: Suzette Cohen, suzette@themotherscircle.org or www.themotherscircle.org.

**Mothers of PreSchoolers(MOPS).** Wednesdays. 6:15-7:15pm. A place where moms can come to build friendships and receive mothering support, practical help and spiritual hope. Child-care provided. Mt. Zion United Methodist Church, 1770 Johnson Ferry Road, Marietta. More info: 770-971-1465 or mtzionmops@gmail.com.

**Networking Group.** Open to everyone. Second and 4th Wednesday of the month. 6:30-7:30pm. First Baptist Church Smyrna, 1275 Church Street SE, Smyrna. More info: 770-435-3231 or Peggy, 770-955-3896 or caylorp@gmail.com.

**Overeaters Anonymous.** A support group for those who suffer from the need to compulsively overeat. Monday-Wednesday. 10am. St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: Betsy: 404-226-4931.

**Parents of Prodigals.** For parents of struggling teens and young adults. Second and 4th Thursday. 7-8:30pm. Johnson Ferry Baptist Church, Loft A, 3rd Floor, 955 Johnson Ferry Road, Marietta. More info: Fair Brocard, 770-612-1197 or www.prodigalchildministries.org.

**Parkinson's Disease Support Group.** For persons with Parkinson's disease and their caregivers. Second Sunday each month. 4pm. Roswell United Methodist Church, 814 Mimosa Boulevard, Bldg. A, Roswell. More info: Robin Cleveland, 678-819-3915.

**Sexual Assault Support Group.** Mondays. 7pm. YWCA of Northwest Georgia, 48 Henderson Street, Marietta. More info: 770-427-2902.

**St. Andrew UMC Sisters of Support (SOS) Breast Cancer Support Group.** Ongoing support and comfort for breast cancer survivors and patients undergoing treatment. Programs, speakers, art therapy and fellowship. Childcare upon request. First and 3rd Thursday of each month. 7pm. St. Andrew United Methodist Church, Building B Community Room, 3455 Canton Road, Marietta. More info: Sandy Klingler, 770-926-3488.

**Survivors of Child Sexual Abuse Support Groups.** First and 3rd Tuesday of the month. 7-8pm. Johnson Ferry Baptist Church, Room 334, 955 Johnson Ferry Road, Marietta. More info: Tom Scales, 678-578-4888 or www.voicetoday.org.

**Treasures in Heaven.** For women who have lost children through miscarriage, ectopic pregnancy stillbirth, or neonatal death. Fourth Monday of the month. 7-8:30pm. Johnson Ferry Baptist Church, 955 Johnson Ferry Road, Marietta. More info: 770-794-2978.

**Visions Anew Women's Divorce Support Group.** First Thursday and 3rd Wednesday of the month. 7-9 pm. East Cobb Government Center, 4400 Lower Roswell Road, Marietta. More info: 770-953-2882.

**Widowed Helping Others.** Gatherings for social, practical support and new friendships during this time of adjustment. First and 3rd Wednesday of the month. 6pm. La Salette Hall, St. Ann's Catholic Church, 4905 Roswell Road, Marietta. More info: 770-552-6400, ext. 6019, or 770-977-8438.







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